

What you
should do
tonight



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Weekend



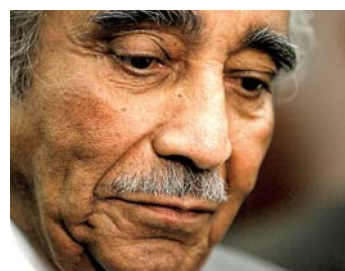
Housewife
delusional
extrema

RARE SPECIES

D.C.'s 'Housewives'
will be a cinch to spot
with our field guide **24**

FIGHTING BACK

Arizona appeals
a judge's rebuke of
its immigration law **4**



DOWN FOR THE COUNT?

Panel hits Rangel
with 13 charges
of ethics violations **3**



FOR EXTENDED FORECAST, SEE PAGE 33

JULY 30, 2010 | A PUBLICATION OF *The Washington Post* | NEWS, ENTERTAINMENT, ARTS, LIFESTYLES | **FREE DAILY**

6,600

ARLINGTON MISMANAGEMENT

PREVIOUSLY TALLIED AT 211,
the estimated number of graves affected
by errors at Arlington National Cemetery
has now climbed into the thousands **7**



MARK WILSON/GETTY IMAGES



Camp Opens: Can Shanahan fix the Redskins? **17**



EYE OPENERS

Pet Alliance Tests Dual Strike Strategy

Oregon State Police have issued a missing cat alert for a feline that caused a car crash, escaped from a smashed SUV and vanished. Brittany Spady rolled her Ford Explorer near Banks on Monday night after her cat, Calysta, crawled between the brake and gas pedals. She said Calysta refuses to travel in a carrier. (AP)



“It’s a serious issue, and I’m trying to make a statement: ‘Be who you are.’”

— PAUL YARROW, A LONDON MAN WHO IS OFTEN SEEN LURK-ING BEHIND REPORTERS ON TV. HE SAYS HE’S FIGHTING THE BIAS AGAINST ORDINARY-LOOKING PEOPLE ON TELEVISION.

Pet Alliance Tests Dual Strike Strategy

A dog caused a car to smash into a liquor store Tuesday in Woodbury, Minn., the St. Paul Pioneer Press reported. Richard Coerber, 72, was pulling into a parking spot when his dachshund puppy squirmed onto the floor and into the gap between Coerber’s foot and the gas pedal. No humans or animals were hurt. (EXPRESS)



The Big Picture



THOUSANDS OF PALESTINIANS gather Thursday to break the world record for the number of kites flown simultaneously, in the Gaza Strip town of Beit Lahiya. More than 7,200 kites were flown during the event, sponsored by the United Nations. Seen in the background are the chimneys of the Ashkelon power station. (AP)

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In Brief

WASHINGTON

Republicans Block Small Business Lending Bill

President Obama's election-year jobs agenda suffered a new setback Thursday when Senate Republicans blocked a bill creating a \$30 billion government fund to help open up lending for credit-starved small businesses. The fund would be available to community banks with less than \$10 billion in assets. (AP)

EDINBURG, TEXAS

Man Gets Death Penalty For Beheading Children

A jury sentenced a south Texas man to death on Thursday, four days after convicting him of capital murder for beheading his common-law wife's three children in 2003. It is the second death sentence for John Allen Rubio. (AP)

BATTLE CREEK, MICH.

Company Warned About Insufficient Oil Monitor

A Canadian company whose pipeline leaked hundreds of thousands of gallons of oil into a Michigan river, was warned in January that its monitoring of corrosion in the pipeline was insufficient. The U.S. Department of Transportation's Pipeline and Hazardous Materials Safety Administration told Enbridge Energy Partners Chairman Terry McGill that its corrosion monitoring in Line 6B did not comply with federal regulations. (AP)

Hits Keep on Coming for Rangel

House investigators accuse congressman of multiple violations

Washington

House investigators accused veteran New York Rep. Charles Rangel of 13 violations of congressional ethics standards on Thursday, throwing a cloud over his four-decade political career and raising worries for fellow Democrats about the fall elections.

The allegations — which include failure to report rental income from vacation property in the Dominican Republic and to report more than \$600,000 in assets on his congressional financial disclosure statements — came as lawyers for Rangel and the House ethics committee worked on a plea deal.

One was struck, people familiar with the talks said, but Republicans indicated it was too late.

The deal between the lawyers will have little meaning if the committee members don't approve it, and Republicans said at the proceeding they were insisting on



Rep. Charles Rangel, D-N.Y., leaves his office. On Thursday, the House Ethics Committee outlined 13 charges against Rangel.

going forward with a trial. The panel is evenly divided between Democrats and Republicans.

"Mr. Rangel was given multiple opportunities to settle this matter. Instead, he chose to move forward to the public trial phase," said Rep. Jo Bonner of Alabama, the senior Republican on the ethics panel Chairman Zoe Lofgren, D-Calif.,

has made clear that she wants the committee to be unanimous — leaving little chance for agreement without Rangel capitulating on virtually all counts.

Many Democrats had urged Rangel to settle the case to avoid the prospect of televised hearings right before November congressional elections that will deter-

mine which party controls Congress next year.

However, as Friday's public airing of the charges drew nearer, House Speaker Nancy Pelosi seemed resigned to the case proceeding.

"The chips will have to fall where they may politically," she told reporters. LARRY MARGASAK AND LAURIE KELLMAN (AP)



EVENTS

Chelsea Clinton's wedding along the Hudson River will be under a no-fly zone. The Federal Aviation Administration says local airspace will be restricted from 3 p.m. Saturday to 3:30 a.m. Sunday. Clinton, the daughter of former president Bill Clinton and current Secretary of State Hillary Rodham Clinton, will wed investment banker Marc Mezvinsky on Saturday evening in Rhinebeck. That's about 90 miles north of New York City. (AP)

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Nation

Ariz. Law Spurs Outrage

Protesters march on as state appeals federal judge's ruling

Phoenix

Arizona asked an appeals court Thursday to lift a judge's order blocking most of the state's immigration law as the city of Phoenix filled with protesters, including about 50 who were arrested for confronting officers in riot gear.

Republican Gov. Jan Brewer called U.S. District Judge Susan Bolton's Wednesday's decision halting the law "a bump in the road," and the state appealed to the 9th U.S. Circuit Court of Appeals in San Francisco on Thursday.

Outside the state Capitol, hundreds of protesters began marching at dawn, gathering in front of the federal courthouse where Bolton issued her ruling on Wednesday. They marched on to the office of Maricopa County Sheriff Joe Arpaio, who has made a crack-down on illegal immigration one



Immigrant groups and supporters march in protest across the Brooklyn Bridge.

of his signature issues.

At least 32 demonstrators were arrested after blocking the entrance and beating on the large steel doors leading to the Maricopa County jail in downtown Phoenix. Sheriff's deputies in riot gear opened doors and waded out into the crowd, hauling off those who didn't move.

Dozens of others were arrested throughout the day, trying to cross a police line, entering closed-off areas or sitting in the street and

refusing to leave. A photographer for the Arizona Republic and former state senator Alfredo Gutierrez, who ran unsuccessfully for governor in 2002, were among them.

Arizona is the nation's epicenter of illegal immigration, with more than 400,000 undocumented residents. Supporters of the new law say the influx of illegal migrants drains vast sums of money from hospitals, education and other services. **BOB CHRISTIE (AP)**

Sherrod Bites Back at Breitbart

San Diego

Ousted Agriculture Department employee Shirley Sherrod said Thursday she will sue a conservative blogger who posted a video edited in a way that made her appear racist.

Sherrod was forced to resign last week as director of rural development in Georgia after Andrew Breitbart posted the edited video online. In the full video, Sherrod, who is black, spoke to a local NAACP group about racial reconciliation and overcoming her initial reluctance to help a white farmer.

Speaking Thursday at the National Association of Black Journalists convention, Sherrod said she would definitely sue over the video that took her remarks out of context.



Former USDA employee Shirley Sherrod speaks at a convention Thursday.

Agriculture Secretary Tom Vilsack has since offered Sherrod a new job in the department. She has not decided whether to accept it.

Sherrod said she had not received an apology from Breitbart and no longer wanted one. "He had to know that he was tar-

"A lot of people overreacted, including people in my administration."

— PRESIDENT OBAMA, DURING HIS APPEARANCE ON "THE VIEW," WHEN ASKED ABOUT THE SHIRLEY SHERROD COVERAGE.

getting me," she said. Breitbart did not immediately respond to a call or e-mails seeking comment. He has said he posted the portion of the speech when she expresses reservations about helping the white farmer to prove that racism exists in the NAACP, which had just demanded that the tea party movement renounce any bigoted elements. **(AP)**

Sailors' Deaths Leave a Mystery

U.S. launches probe as body of second serviceman is found

Kabul, Afghanistan

The discovery of the body of a second U.S. sailor who vanished in Afghanistan last week only deepened the mystery of the men's disappearance nearly 60 miles from their base in a dangerous area controlled by the Taliban.

An investigation is under way, but with both sailors dead, U.S. authorities remained at a loss Thursday to explain what two junior enlisted men in noncombat jobs were doing driving alone

in Logar province, where much of the countryside is not under government control.

"This is like a puzzle," said Abdul Wali, deputy head of the governing council in Logar.

Petty Officer 2nd Class Justin McNeley — father of two boys ages 5 and 9 — of Kingman, Ariz., and Petty Officer 3rd Class Jarod Newlove, 25, of the Seattle area, disappeared in the province July 23. McNeley's body was recovered there Sunday, and Newlove's body was pulled from a river Wednesday evening, Afghan



Newlove



Meanwhile ...

President Hamid Karzai said Thursday that the disclosure of the names of Afghan informants in the trove of classified U.S. military documents posted online by WikiLeaks was "extremely irresponsible and shocking." He said that the informants, "whether those individuals acted legitimately or illegitimately in providing information to the NATO forces, they are lives, and those lives will be in danger now." (TWP)

officials said.

A U.S. military official, speaking on condition of anonymity because he was not authorized to speak publicly about the case, confirmed Thursday that Newlove's relatives had been notified of his death.

Officials at the NATO-led coalition headquarters in Kabul have not offered an explanation as to why the two service members were driving a heavily armored vehicle so far from their base at Camp Julien, a training facility on the western edge of the city. (AP)

Al-Qaeda Plants Flag In Baghdad

Baghdad

Militants flew an al-Qaeda flag over a Baghdad neighborhood Thursday after killing 16 security officials and burning some of their bodies in a brazen afternoon

23

The death toll from Thursday's brazen attacks in Iraq.

attack that served as a grim reminder of continued insurgent strength in Iraq's capital. It was the bloodiest attack in a day that included the deaths of 23 Iraqi soldiers, policemen and other security forces across the country who were targeted by shootings and roadside bombs.

The mayhem serves as a stark warning that insurgents are trying to make a comeback three months after their two top leaders were killed in an airstrike on their safehouse and as the U.S. military presence decreases day by day. (AP)

On the Front Lines, a Message From Home



SPC. DALLAS PURDY, of Hockley, Texas, hangs a message of support from friends Ashley and Katie Daniels while serving with the 1-320th Alpha Battery. Purdy is part of the American forces doing battle in the dangerous region of Kandahar.

In Brief



Drenched villagers escape the flooded areas near Nowshera, Pakistan.

PESHAWAR, PAKISTAN

Monsoon Flooding Kills 60, Strands Pakistanis

Rivers burst their banks during monsoon rains, washing away streets, battering a dam and killing at least 60 people in the most severe floods in decades in northwest Pakistan, officials said Thursday. Hundreds of thousands more were stranded as rescue workers struggled to reach far-flung villages. (AP)

VILLERS-AU-TERTRE, FRANCE

French Woman Admits Suffocating Newborns

A French woman who admitted suffocating eight of her newborns and concealing their corpses in the garden and garage of her home has been charged with manslaughter, a prosecutor said Thursday. Dominique Cottrez, a 46-year-old nurse's aide, admitted to delivering the babies herself and placing the corpses in plastic bags. (AP)

MOSCOW

Raging Forest Fires Tear Through Russian Villages

Raging forest fires encircled a southern Russian city and tore through provincial villages Thursday, forcing mass evacuations as Moscow suffered through a record, weeks-long heat wave and smog cloud caused by peat-bog fires. About 212,506 acres were burning nationwide, and flames all but encircled Voronezh, 300 miles southeast of Moscow. (AP)

30

The number of years that had passed before Sogen Kato was discovered mummified in his bed. Tokyo police were asked to visit the home of Kato, believed to be the oldest living male in Tokyo, to update their list of centenarians ahead of Respect for the Elderly Day in September. Kato was born July 22, 1899. Police were investigating whether Kato's family — which had blocked welfare officials' attempts to meet Kato — was receiving pension money for the man and his dead wife. (AP)

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PIER PAOLO CITTO/AP

Italian policemen inspect a damaged bust at Pincio park in downtown Rome.

Rome Confronts Eternal Problem

Italy beefs up police patrols to protect city from vandalism

Rome

Vandals are increasingly on the prowl in the Eternal City — and now Italian authorities are fighting back, sending more police, installing cameras and even considering using convicts to protect monuments and artworks.

For the troublemakers, nothing is sacred: Earlier this month, vandals left anti-pope graffiti on the Scala Santa, or Holy Stairs, a major Catholic site that draws pilgrims from around the world.

Compounded by pollution, negligence and a chronic shortage of funding, vandalism adds to the city's difficulties in preserving its unique artistic heritage, forcing officials to use valuable funds in emergency restoration.

What makes protecting the



Project Restoration

Italian officials are seeking to raise about \$32 million in private money to finance the restoration of one of the country's iconic landmarks: the Colosseum. The Culture Ministry says the government will accept bids from possible sponsors from Aug. 4 to Sept. 15. (AP)

Italian capital especially challenging is the sheer wealth of its treasures.

"You'd need an army of 20 million people to be there every day, every night," says Daniel Berger, an art consultant with Italy's Culture Ministry. ALESSANDRA RIZZO (AP)



CHOPPERS

A partial set of dentures

used by former British leader Winston Churchill sold at auction Thursday for \$23,723. The upper dentures, one of several sets specially made for the wartime prime minister, were crucial for maintaining his distinctively slurred speaking style famous from World War II-era radio broadcasts. (AP)

“I’d have a lot of fun with you in a deposition because I don’t think we’re getting straight talk here.”

— SEN. SCOTT BROWN, R-MASS., WHO DIDN’T FIND JOHN METZLER’S TESTIMONY ON THURSDAY ABOUT THE ARLINGTON CEMETERY CONTROVERSY TO BE VERY BELIEVABLE.

CHIP SOMODEVILLA/GETTY IMAGES



Cemetery's Woes Grow

A Senate panel rips former officials as estimates of grave errors reach 6,600

Washington

Estimates of the number of graves that might be affected by mix-ups at Arlington National Cemetery grew from hundreds to as many as 6,600 on Thursday, as the cemetery’s former superintendent blamed his staff and a lack of resources for the scandal that forced his ouster.

John Metzler, who ran the historic military burial ground for 19 years, said he accepts “full responsibility” for the problems.

But he also denied some of the findings by Army investigators and suggested cemetery employees and poor technology were to blame for remains that may have been misidentified or misplaced. He said the system used to track grave sites relied mostly on a complicated paper trail vulnerable to error.

“Personally, it is very painful for me that our team at Arlington did

Leading Up to the Hearing



A KEY PLAYER RETIRES: Thurman Higginbotham, left, the cemetery’s longtime second in command, submitted paperwork earlier this month to make his retirement retroactive to July 2, the week Army officials were notified that congressional staffers were seeking to interview him regarding dozens of botched contracts.



WHAT INVESTIGATORS FOUND: Higginbotham had been placed on administrative leave in June pending disciplinary review after Army investigators found more than 100 unmarked graves, scores of grave sites with headstones not recorded on cemetery maps, and at least four burial urns that had been unearthed and dumped in an area with excess grave dirt.



WHY THE PROBLEMS? Investigators found that those and other blunders were the result of a “dysfunctional” and chaotic management system, poisoned by bitterness between Higginbotham and the cemetery’s superintendent, John C. Metzler Jr., left, who was also allowed to retire on July 2.

not perform all aspects of its mission to the high standard required,” he told a Senate panel.

Metzler and his deputy, Thurman Higginbotham, were forced to retire after Army investigators found that as many as 211 graves were unmarked or misidentified. The report by the Army Inspector General’s office accused Metzler of repeatedly failing to ensure burials were being done properly and of failing to respond after unmarked graves were discovered.

Sen. Claire McCaskill, chairwoman of an oversight panel on the Senate Homeland Security and Government Reform Committee, said Thursday that her investigation has revealed far higher estimates of the number of graves affected. McCaskill, a Missouri Democrat, said she thinks that between 4,900 and 6,600 graves may be unmarked or mislabeled on cemetery maps.

Kathryn Condon, who was hired to fix the cemetery’s problems, testified that the Army was still trying to determine exactly how many burial sites could be affected. But, she said, “I am confident there are probably other map errors” beyond the 211 sites initially identified by Army investigators.

Metzler said an inspector general finding that more than 100 graves lacked a headstone or burial card was not entirely accurate and that it was mostly internal working maps used by cemetery employees that were mislabeled. He also said he was surprised by the findings of the Army’s Inspector General.

His testimony angered and confused lawmakers. “The notion that you would come in here and act like you didn’t know about it until a month ago is offensive. You did know about it, and you did nothing,” McCaskill said. ANNE FLAHERTY (AP)

In Brief

WASHINGTON
‘Peak of the Peak’ Metro Fare Surcharges Delayed

Metrorail will impose only the afternoon portion of its new “peak of the peak” fare surcharge on Monday. Commuters will get a few weeks’ reprieve on paying the extra 20 cents during the morning peak, as the transit authority struggles to adjust its fare programming. The “peak of the peak” charge will eventually be imposed on rail riders who travel from 7:30 a.m. to 9 a.m. and 4:30 p.m. to 6 p.m. weekdays. (TWP)

WASHINGTON
Homeless to Compete For Street Soccer Cup

A nonprofit street soccer tournament that will feature homeless men and women from across the country is coming to Washington. The Street Soccer USA Cup kicks off Friday at Kastles Stadium. Street Soccer USA is a nonprofit group that provides the nation’s homeless with a sports program, and educational and employment opportunities. (AP)

The Lotteries

Thursday, July 29

District
Mid-day Lucky Numbers 2-3-6
Evening Lucky Numbers (Wed.) 8-1-0
Mid-day DC 4 6-3-9-4
Evening DC 4 (Wed.) 9-6-3-0
Mid-day D.C. Five 3-4-7-6-3
Evening D.C. Five (Wed.) 9-8-8-2-4
Daily 6 (Wed.) 5-20-25-27-29-37 (30)
Hot Lotto (Wed.) 3-10-19-22-28 (2)

Maryland
Mid-day Pick 3 1-3-7
Evening Pick 3 (Wed.) 0-6-1
Mid-day Pick 4 4-1-2-7
Evening Pick 4 (Wed.) 7-5-7-6
Match 5 (Wed.) 2-9-16-31-33 (19)
Multi-Match (Wed.) 15-16-29-31-41-42

Virginia
Mid-day Pick 3 1-8-3
Evening Pick 3 (Wed.) 0-6-1
Mid-day Pick 4 9-7-7-2
Evening Pick 4 (Wed.) 6-4-5-8
Mid-day Cash 5 2-5-10-33-34
Evening Cash 5 (Wed.) 2-5-6-12-32
Win For Life (Wed.) 4-6-27-36-39-40 (22)

Multi-State Games
Powerball 1-11-20-25-27 (2)
Power Play 5X

All winning numbers are official only when validated at a claims location. Drawings that occur after Express’ deadline will be published two days later.

Ex-Teacher Admits to Sex Abuse

Ricks pleads guilty to performing acts on 16-year-old Va. boy

Manassas, Va.

Former Manassas teacher Kevin Ricks pleaded guilty to one sex abuse charge in a Prince William County courtroom Thursday morning, resulting in the first conviction linked to a series of abuses stretching back more than three decades.

Ricks, 50, acknowledged that he was guilty of performing sex acts on a 16-year-old boy who had been

a student of his at Osbourn High School. The acts occurred during winter break in a basement room he was renting from the boy’s father. A Manassas detective testified that Ricks wrote in his journal that he got the boy drunk before the first incident and that the second incident came just days later.

Assistant Commonwealth’s Attorney Amy Ashworth provided Circuit Court Judge William D. Hamblen with a copy of Ricks’ journal entry about the sexual contact with the boy—an entry from Christmas Eve 2009 that detailed how he gave alcohol to the boy while watching a movie and then described pas-



Kevin Ricks was an English teacher at Osbourn High School in Manassas, Va.

TRACY A WOODWARD/TWP

sionate kisses and how it was the best 12 hours of his life.

After reading the entry to himself, Hamblen accepted the guilty plea. Ricks is scheduled to be sentenced on Oct. 28 on the one conviction for indecent liberties with a minor.

Ricks asked to be released on bond, in large part so he can contest his divorce in a hearing scheduled in August. Hamblen declined to grant bond and ordered him held until sentencing.

Ricks could get a maximum sentence of 10 years in prison for the conviction. JOSH WHITE AND JENNIFER BUSKE (THE WASHINGTON POST)

Water, Water Everywhere



JAH/CHIKVENDU/TWP

JASON SCIACCA, 12, of Fairfax Station, Va., gets creative to recover a water cooler after heavy rain hit more than 40,000 Boy Scouts and their leaders at the National Scout Jamboree in Fort A.P. Hill, Va., on Wednesday, which runs until Wednesday.



GETAWAYS

Two people are in custody after an alleged armed robbery and police chase in Virginia that ended in Alexandria’s City Hall. Police say the chase began at about 8 p.m. Wednesday when the two men allegedly robbed a Best Western hotel in Arlington. The suspects were chased and crashed in Old Town Alexandria. One suspect was arrested at the crash scene, but another ran into Alexandria’s City Hall, where he was arrested after a brief search. (AP)

Police: Malvo's Latest Claims Are Ridiculous

Washington

Convicted sniper Lee Boyd Malvo, in a telephone interview with actor William Shatner, now claims he and John Allen Muhammad shot 42 people during their rampage in 2002—a claim that those who investigated the case say is ridiculous.

Malvo’s latest version of his actions—which began in February 2002 in Tacoma, Wash., and ended with 10 murders in the Washington region in October 2002—came for a new A&E series, “Aftermath With William Shatner,” in which the former “Star Trek” star revisits his high-profile cases.

“I think Malvo’s full of crap,” said Lt. Bruce Guth, the Fairfax County homicide detective who headed the task force that helped convict Malvo. “He’s changed his story at least five or six different times.” (TWP)

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(Weekly Petroleum Supply Team)

The U.S. Energy Information Administration (EIA), the nation's premier source of energy information, is seeking a Team Leader to direct the Weekly Petroleum Supply Team, in the Petroleum Division, Office of Oil and Gas. The Weekly Petroleum Supply Team collects and processes all EIA weekly data related to the supply and demand of crude oil and petroleum products and publishes the data in EIA's Weekly Petroleum Status Report (WPSR). The Team Leader will also serve as a technical advisor on oil markets and on the use of statistically valid methods for surveying and disseminating petroleum supply and demand data.
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Home Improvement Sales Rep Home improvement company in Maryland seeks PT or Ft reps with previous gutter protection sales experience. Applicants should have strong 1 call closing skills. We have confirmed qualified leads. Fax resume to 410-266-9267 or email gcsus@aol.com

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Alex based Medical Equipment Co. looking for receptionist. Bilingual (Spanish/English). Good phone skills a must. 9am-5:30pm
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ALEX, VA- 5417 BROADMOORST, 22315. SAT 7/31, 8-3. No early birds. Collectibles, crystal, decorative accessories, dishes, clothes & quality items.

Bowie—12009 Towanda Lane, Bowie, MD, 07/31/10, 9 a.m. - 4 p.m., 301-262-5495 Furniture, Tools, Household Goods, Miscellaneous

BURKE, VA- 9942 Hemlock Woods Lane. Saturday 7/31, 7am-1pm. Household items, clothing toys, crafts, snowboard, garden tools and knick-knacks.

SPRINGFIELD/LORTON, VA- 8723 Wadebrook Trk (22153). Fri 7/30, 9a-2pm. Sat 7/31 9am-2pm.
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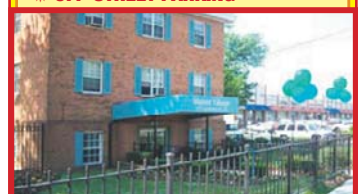
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sports

The Arm-aggeldon saga continues as Strasburg goes on the DL | 19



TV Lineup



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ESPN brings nonstop big air at the X Games in Los Angeles this weekend.

Friday

7 P.M. Flip on the X Games for some extreme action from Los Angeles.

ESPN

7:05 P.M. The Phillies — and their fans — invade Nationals Park for the start of a weekend series. MASN

Saturday

4 P.M. Old-timers navigate the fairways of the Sahalee Country Club in Redmond, Wash., at the U.S. Senior Open Championship. NBC

5 P.M. Get ready for the ATP World Tour to invade D.C. next week with the semifinals of the Farmers Classic in Los Angeles. ESPN2

7:05 P.M. Craig Stammen battles for a spot in the ever-evolving Nats rotation against the charging Phillies. MASN

9 P.M. D.C. United gets real as it takes on Western Conference foe Real Salt Lake. CSN

Sunday

1 P.M. Long Pond, Pa., hosts the Pennsylvania 500 in the NASCAR Sprint Cup series. ESPN

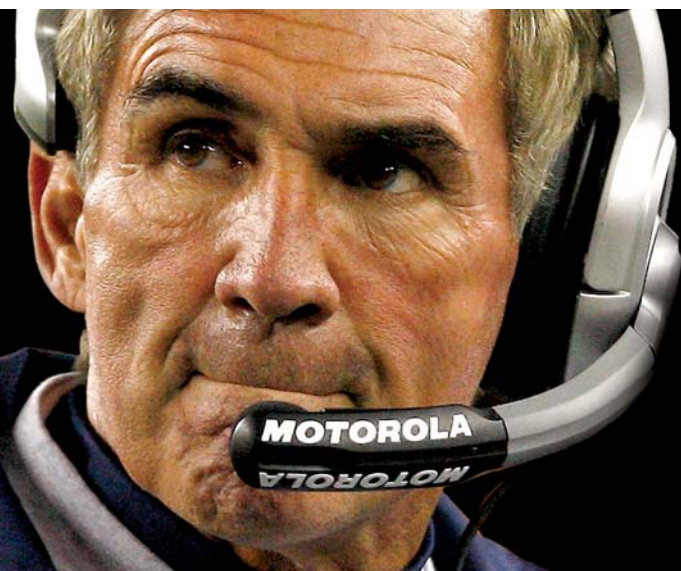
1:35 P.M. The Nationals start August by finishing a division series against the Phillies. DC-50

3 P.M. The Greenbrier Classic closes on the PGA Tour in West Virginia. CBS

4 P.M. The Mystics host the Tulsa Shock, one of the few teams they aren't battling for a playoff spot. CSN

"TALK IS CHEAP. YOU'VE GOT TO DO IT ON THE FOOTBALL FIELD."

— MIKE SHANAHAN, NEW REDSKINS COACH, ON THE OFFSEASON HYPE SURROUNDING HIS NEWLY REBUILT TEAM, WHICH STARTED TRAINING CAMP THURSDAY.



A Winning Attitude

Shanahan brings new hope of a return to glory for Redskins

Redskins

Mike Shanahan has nothing left to prove.

He's led two teams to Lombardi trophies. He even may earn a spot in the Hall of Fame one day.

But Washington fans are used to seeing marquee names come to town after their moment in the sun only to be disappointed with the results.

Installed as head coach over the winter, Shanahan opened his first training camp as head coach in Washington Thursday. His task is to turn a 4-12 team that looked hopeless last year into something the city can be proud of again.

146-98

Shanahan's regular-season win-loss record, good for the 17th most in history and within eight games of Redskins legend Joe Gibbs.

3

The number of Super Bowl rings Shanahan has won, including as an assistant coach.

And that means winning as soon as possible.

"Talk is cheap. You've got to do it on the football field," he said. "It started with the offseason conditioning program. We want a lot of people committed to give us a chance to do the best we can once we get to training camp, which is where we are at right now."

One thing Shanahan has proved is that if he has the right

personnel in place, he can get teams to the pinnacle of the sport. He's collected three Super Bowl rings (one as an offensive coordinator); mentored Hall of Fame quarterbacks John Elway and Steve Young; and can even tie Redskins legend Joe Gibbs for 13th place in all-time head coaching victories (154) if he can win eight games this season.

Along with General Manager Bruce Allen, Shanahan supervised an overhaul of personnel in the offseason, most notably bringing in quarterback Donovan McNabb — a reasonably mobile, experienced leader who is used to winning football games. About the only thing McNabb hasn't done is lead a team to a Super Bowl victory — which was the same case with Elway and Young (who won two rings as a backup) before they

linked up with Shanahan in the second half of their careers.

"[McNabb has] come in here and he has worked extremely hard," Shanahan said. "I think everyone can see he is a natural leader. He has been a class act his whole career, and now he gets a chance to adjust to our system and see how he fits in."

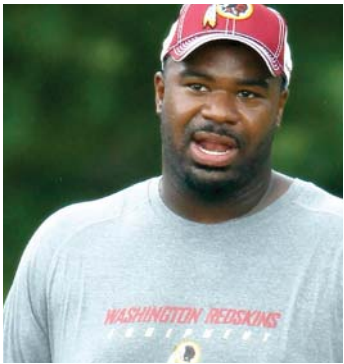
McNabb will operate under offensive coordinator Kyle Shanahan, the coach's son, who helped make Houston the top passing offense in the NFL last year. On the other side of the ball, former head coach Jim Haslett is overhauling the defense into a 3-4 scheme that is supposed to create more pressure and, therefore, potentially more turnovers.

All that leaves Shanahan as the delegator in chief — the big name at the top who fans are counting on to come through. **ERIC BRANDNER**



DELAYED

Terrell Owens missed his flight to Bengals training camp Thursday, forcing the team to reschedule his introductory press conference until after the afternoon workout. Despite his late arrival, TO will get his customary number 81. Receiver Antonio Bryant — who received the number when he signed with the Bengals — told reporters he would give up the number, simply asking Owens to donate to his Miami little league program. (EXPRESS)



Albert Haynesworth did not pass his fitness test, barring him from practice.

DT Absence Marks Start Of Practice

Redskins

Albert Haynesworth did show up to the first day of Redskins training camp Thursday, though he did not participate in the first official practice after he failed a fitness test given to ensure he was in proper shape to play.

Haynesworth was the only Redskin who had to take the test Thursday — coach Mike Shanahan would not elaborate on the specifics of the fitness test — because he was the only player to neglect the offseason training program, Shanahan said.

“We’ll test him every day to see if he can pass it,” Shanahan added, saying Haynesworth would get one opportunity per day to take the test.

“Hopefully, he’ll get it done tomorrow, but it may take two days, may take a week.”

Thursday after practice Haynesworth was seen working with defensive coordinator Jim Haslett and defensive line coach Jacob Burney. He was not available for comment after practice.

Shanahan stressed Haynesworth’s “cardiovascular endurance,” saying that he wanted to make sure Haynesworth would not be injured upon return to play.

“Albert was first class all the way,” Shanahan said. “He understood where I was coming from.”

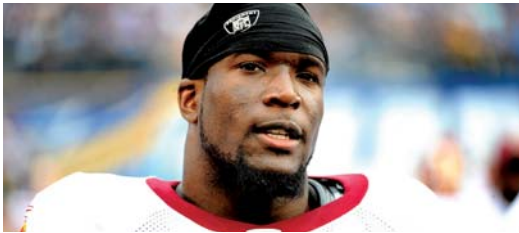
CAL SILCOX

CAMP FIRES

There’s a new coach, a new quarterback and a whole lot of other new faces. If nothing else, the turnover means Redskins Park will host one the NFL’s most intriguing training camps this year. The next month will be the first chance to see whether Mike Shanahan’s preference of aging veterans over rookies with potential will pan out in D.C. Big changes are ahead, that’s for sure. Here’s some of the most intriguing subplots that will develop at camp. (EXPRESS)

1 Three’s a Crowded Backfield

Clinton Portis has been the face — or many faces if you can remember Jerome from Southeast — of the Redskins since he arrived six years ago. Given Washington’s record in that span, it’s no wonder Portis isn’t immune to coach Mike Shanahan’s philosophy of competition at every position (not named quarterback). Two of the team’s most high-profile signings of this offseason were tailbacks Larry Johnson and Willie Parker. Talk about competition; and there’s still a chance ex-Eagle Brian Westbrook may join the party. Part of Shanahan’s thinking is to have depth at a position where players break down often, yet you can’t help but think the coach is out to light a fire under Portis, who he traded to Washington while he ran the show in Denver.

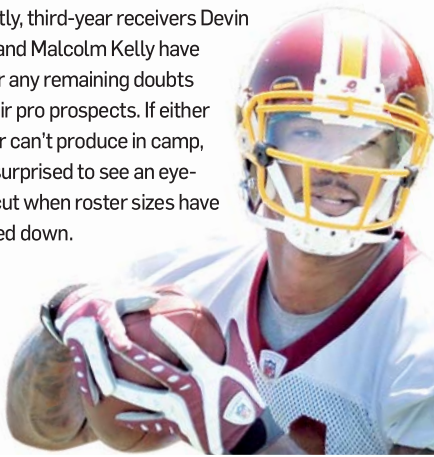


2 A New Defense

Shanahan’s known as an offensive guru, but perhaps the biggest change he’s instituted is mandating a switch to a 3-4 defense — to be run by former Saints coach Jim Haslett. Of course, all the talk this offseason is how the move will force Albert Haynesworth to play at least some nose tackle. While Haynesworth was busy wiping away tears with \$100 bills this winter, the rest of the team embraced the idea of playing a more attacking style that should create more turnovers. Perhaps the biggest beneficiary will be second-year lineman Brian Orakpo, who is going to be counted on to apply big pressure from the outside. Orakpo shined as a rookie, and this defense should really let him maximize his talents.

3 Going Wide

You want a numbers game? Just look at the Redskins’ receiving corps. There are no less than 11 players competing for a maximum of five roster spots. Santana Moss will be forced to answer questions about alleged HGH use, Joey Galloway is going to have to prove he can still fly down the field without ending up in an ER and, most importantly, third-year receivers Devin Thomas and Malcolm Kelly have to answer any remaining doubts about their pro prospects. If either youngster can’t produce in camp, don’t be surprised to see an eye-opening cut when roster sizes have to be pared down.



Wanna Go?

Mike Shanahan and Bruce Allen have made the following practices open to the public, including Fan Appreciation Day, on Aug. 7. Good luck with the traffic heading all the way out to Ashburn, Va.

Friday-Thursday, Aug. 5: Open practice begins at 8:30 a.m. each day
Saturday, Aug. 7: Fan Appreciation Day, starts at 10:30 a.m., gates open at 10 a.m.
Tuesday, Aug.

10-Wednesday, Aug. 11: Open practice begins at 8:30 a.m. each day
Sunday, Aug. 15: Open practice, time TBD
Monday, Aug. 16: Open practice, 8:30 a.m.
Wednesday, Aug. 18:

Open practice, 8:30 a.m.
Thursday, Aug. 19: Open practice, time TBD

All of the Redskins practices are subject to change. Please visit www.redskins.com before heading out to the Park.

digs

Top Technology:
Green roofs curb energy costs and give residents a truly cool place to relax **E9**



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Creative Corners, Standout Studios

Live-work spaces fill a vital need for artists

Communities

You might say painter Dana Ellyn is never more at home than when she's sidled up to her easel. In her case, though, that's more than a figure of speech — where Ellyn lays her paintbrushes to dry is just across the paint-splattered room from where she lays her head to sleep each night.

The 39-year-old artist lives and paints in Mather Studios, a downtown condo building at 9th and G streets NW. Developed by the District's Cultural Development Corporation, whose mission is rooted in providing affordable housing options for artists, Mather houses 12 condos that were sold at reduced prices to qualified artists via random lottery. (Ellyn paid about \$160,000 for her 860-square-foot condo in 2003.)

Before she moved into her sunny Mather studio, Ellyn rented a cheap but "unsavory" apartment in a then-rough area of Shaw. Buying a house in an equally less-than-ideal — but affordable — area of East Baltimore seemed a probable next step. But then she got the call that her lottery number had been picked for a spot in Mather — and that's when, she says, everything changed.

If Ellyn's tale sounds like a Cinderella story, she would have to agree. "I wake up daily and think, 'This pretty much rocks,'" Ellyn

Continued on page E2



KEVIN DIETSCH

Painter Dana Ellyn inhabits a live-work studio in downtown Washington. Ellyn says her paintings became bolder after she bought her Mather Studios condo.

Artsy Abodes

Continued from page E1

says. “I’m so lucky, and I still can’t believe I got it.”

The blessing eased her checkbook and creative process. “Just the sanity that I own something is huge,” she says. “The ownership value relaxed and freed up my brain, which made my paintings better.” For Ellyn, the confidence that came with ownership — and then with paying off the condo — spurred an emboldened approach to her work that she says didn’t feel possible previously. “My art got gutsier,” she explains (see: “International Blasphemy Day,” a recent solo exhibit of hers).

For many artists, paying rent or a mortgage on a place to live — not to mention a studio to work in — means teetering on the brink of financial solvency. (The term “starving artist” is more than a cliché.) But subsidizing artist housing strengthens communities, too.

“At its core, artist housing is good planning,” says Anne Corbett, executive director of D.C.’s Cultural Development Corporation. She cites public safety reasons (think of legendary sociologist Jane Jacobs’ “eyes on the street” mantra, which lauds neighborhoods where residents come and go at all hours) and small-business growth. “Never mind that, anecdotally, artist community housing that I’ve observed has really just an amazing sense of community — they have a sense of connectivity to one another that you don’t get if you just rent an apartment and move into a building.”

Of course, a creative community doesn’t have to exist within common walls of a condominium complex. More often, artist enclaves sprout in neighborhoods with inexpensive housing stock, such as in places such as Greenbelt and Mt. Rainier, Md.

Mt. Rainier sculptor Margaret Boozer, 44, hangs up her welding tools in an artist zone called the Gateway Arts District, which extends east to Riverdale Park and north through Brentwood and Hyattsville. Perks of living and working in the zone include tax benefits (no income tax) and

There’s No Workplace Like Home

Artists looking for affordable live-work spaces can consider many different options, from traditional studios to funky townhouses to airy lofts located in communities filled with creative types. Here are some of the newest affordable local homes and havens for artists. k.k.

Townhouses

HYATTSVILLE ARTS DISTRICT

Straddling Route 1 in downtown Hyattsville, Md., a new planned community of condos and townhouses has taken root — and in the process is cultivating the area’s growing arts community. The project’s first phase, the West Village, unveiled 132 townhouses and live-work art spaces, 120 of which are currently occupied (including all 10 art spaces). Across Route 1, the **East Village’s** town homes recently opened pre-sales, with an expected fall delivery. Sheet metal mingles with brick and arched windows for funky facades that front 1,400- to 2,200-square-foot townhouses with two-car garages; prices start at \$359,900 and run up to the high \$400s. The nearby **Lustine Center**, in a restored 1950s auto showroom, features a fitness center and art gallery. (Eya.com)

Condos

FENDALL HEIGHTS IN

ANACOSTIA This newly bright-and-shiny building sits near the site of the refurbished **Frederick Douglass House**, offering 29 units of affordable housing restricted to first-time buyers. Floor plans include one- and two-bedroom condos ranging from 450 to 950 square feet, with prices starting at \$125,000. Building perks include a 3,000-square-foot community center with studio spaces, plus a green roof (and eco-friendly double-pane windows). (2025 Fendall St. SE)

Neighborhoods/
Communities

MT. RAINIER, MD.

Though housing in this outlying community tends to be detached, local arts communities here thrive. Once an area heavy on warehouses, Mt. Rainier is part of the Gateway



COURTESY EYA

Funky facades adorn live-work townhouses in the Arts District Hyattsville.

Arts District artist zone, with perks such as no income tax for resident artists. Arts attractions include the Washington Glass School, Red Dirt Studio, Flux Studios, Martha Jackson-Jarvis Studio and more. Opened in 2005, the **Mount Rainier Artist Lofts** (Artspace.org) provide 44 rental live-work lofts at reduced rates and first-floor commercial space. The town has an alternative currency, called the Anacostia Hour, which gives artists and skilled crafters the chance to exchange goods for services. Local Graham Boyle calls the community an “artist’s utopia.”

GREENBELT, MD.

Housing stock in this Metro-connected suburb skews more toward single-family homes than condos and townhouses, though the **Greenbelt Homes** cooperative (Ghi.coop) is a notable exception. Sherill Anne Gross, 32, lives in a townhouse that’s part of the cooperative, where townhouses on the market are listed starting below \$100,000. Though Gross used to create out of her home, she now shares a studio as an artist-in-residence at the nearby Greenbelt Community Center, where

Rentals

Apartments include the new **Loree Grand at Union Place** (Loreegranddc.com), with 30 reduced-price live-work studios, one-bedroom and two-bedroom apartments for income-qualified artists developed by the Cultural Development Corporation; and the under-construction **Brookland Artspace Lofts** (Artspacewashdc.org), with 41 studios, one-bedroom and two-bedroom apartments and a dance/music rehearsal studio with gallery. Minneapolis-based nonprofit Artspace Projects and the local Dance Place will start recruiting artist applicants this fall, with tenants expected to be ready to move in by next summer.

she creates cut-paper illustrations. Coursing through Greenbelt’s active arts community are arts clubs, and groups range from photography to pottery, a writer’s group to a glass guild.

being near both the District and the University of Maryland.

“It’s an energy of proximity, and we have a really high concentration of good, serious artists, too,” says Boozer, who founded Red Dirt Studios in Mt. Rainier in 1996 and five years ago bought a house two blocks away. Up the road, artists and entrepreneurs are descending on the work-in-progress Arts District Hyattsville, an EYA-planned community of townhouses, galleries and the new Lustine Community Center, plus local businesses such as a coming-next-spring Busboys and Poets, and Yes! Organic Market.

Affordability tends to be the common denominator of artists’ live-work spaces, but other home features can help, too, such as high-quality ventilation. Corbett extols a straightforward rule of thumb: Artists need at least an extra 250 square feet outside of living space to allow room for creativity, though she’s quick to point out there are few absolute prerequisites other than accessible price points. “It’s a great population to try to support because being industrious is part and parcel of who they are,” she says.

But artist clusters are more than a byproduct of cost. Often, the sense of community contributes to the creative process in meaningful but decidedly hard-to-measure ways. “Sometimes, you need to work all by yourself, but you can’t do that all the time,” Corbett says. “You need to engage with other people to get inspiration, and to learn new things and to evolve. Being an artist can be an incredibly solitary vocation, so the community you choose to live in is integrally connected to how you evolve over time.”

For Kirk Waldroff, 36, who lives at the other end of the third-floor Mather hallway from painter Ellyn, the built-in artist community was a huge draw.

“I knew living here would be a really big deal in terms of making connections,” says Waldroff, who was living with his parents previously. “It’s kind of the other side of the universe from living in your parents’ basement, in terms of getting into the art world.” His



Dana Ellyn paints in her 860-square-foot live-work condo. "I wake up daily and think, 'This pretty much rocks,'" she says.

art has benefited, too: Thanks to help from a neighbor who runs the Washington Glass School, Waldroff introduced glass casting to his printmaking.

Rental options for artists — especially young and just-starting-out artists — are equally crucial as ownership opportunities. At 52 O St. NW, a large historic brick warehouse houses a gaggle of creative types, from poets and DJs to painters, printmakers and video artists, who share rental units that often double as live-work spaces.

"After you leave art school, it's hard to find that critique or that support to talk about and discuss your work, share ideas and talk about the creative process," says Lisa Marie Thalhammer, a 28-year-old painter who has lived and created in an O Street apartment for the

"The community you choose to live in is integrally connected to how you evolve over time."

— ANNE CORBETT, EXECUTIVE DIRECTOR OF D.C.'S CULTURAL DEVELOPMENT CORPORATION

past five years.

A live-work space cultivates a commute-free lifestyle that's convenient but, more significantly, crucial to an integrated approach to art. "When inspiration hits you at any time of the day, you can approach your work — it doesn't have to be so scheduled," Thalhammer says. "Living and working in the same space always allows for that spontaneity." KATIE KNOROVSKY

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Little Lavatory Luxuries

A handful of clever design tricks can help tiny bathrooms feel more spacious

Space Solutions

Got a small bathroom? Then all the squeezing and squishing required for simple tasks such as drying your hair has probably made you want to throw in the towel.

The tiny master bath in Amy Cannon's Reston townhouse proved so difficult that she and her husband had to get physical with it. Tired of doing something akin to acrobatics every time they needed to open and close the door, they finally removed the door altogether.

Which, not surprisingly, cut down on the functionality of the space. Now the Cannons just use their master bathroom for showering and getting ready in the morning. They do everything else in the bathroom down the hall.

"It's quite annoying," says Cannon, 30, a mom of three who also works part time for a trade association. "But without completely changing the shape and configuration of the master bedroom, there's really no way to expand the bathroom."

The good news is that if you've been cursed with a little lavatory, you probably don't need to take such drastic steps. Even if you can't increase the actual footprint of the room, there are plenty of things you can do to make it look and feel bigger, from simple fixes to major overhauls.

Mirrors are an easy way to open up the room without moving a single wall.

"Mirrors are the grandest illusion makers of them all," says Genevieve Gorder of HGTV's "Design Star" and "Dear Genevieve." "I always use an oversized mirror in a small bathroom, because it will make it feel wider."

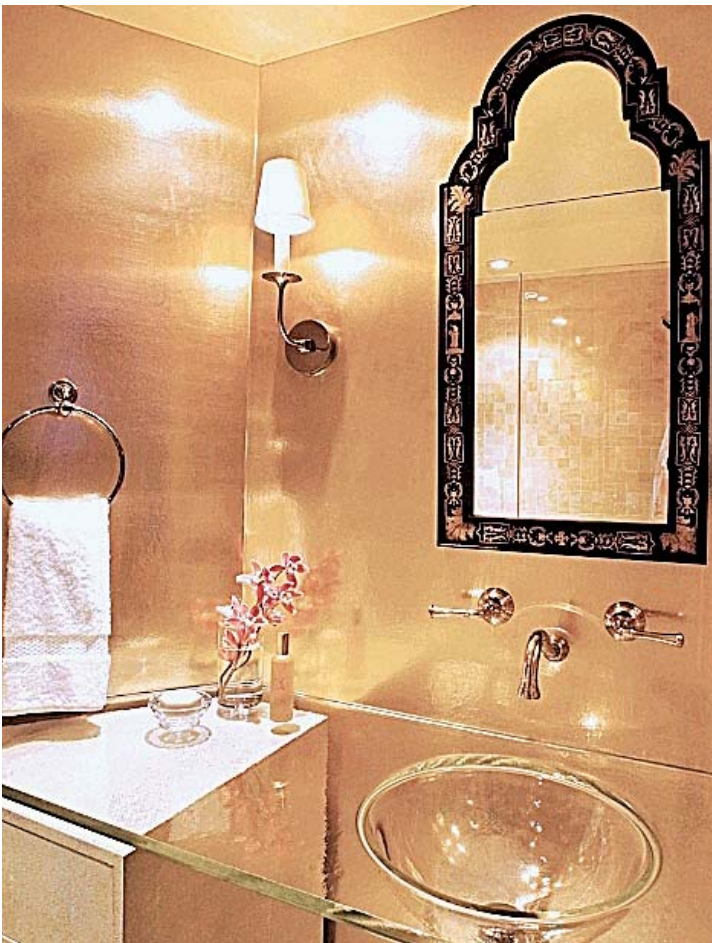


Julie Fritts installed glass doors in her family's walk-in shower to make a tiny bathroom appear less cramped. Her walls, in shades of taupe, also help the space feel larger.

Glass tiles, reflective wallpaper and semigloss or eggshell paint finishes can also help to visually expand the space. "Anything in the bathroom that's going to reflect light gives the illusion of it feeling bigger, brighter and more open," says Emily Prugar, owner of Alexandria-based M House Designs (703-463-1972; Mhousedesigns.com).

It's important that lighting fixtures really earn their keep. "Lighting is so key when it comes to making a room feel really tiny or really grand," Gorder says. Her suggestion: Don't limit yourself to what's traditionally found in a bathroom. Instead, consider something like a chandelier. "You're used to seeing one in a large space, so it gives the illusion that you're someplace bigger," she says. "Your eye is drawn up. And if you bring the eye up, you stop looking at the tiny little floor plan."

When it comes to choosing paint colors, the shade you select doesn't matter as much as how you use it. "It's important to be consistent," says Tricia Huntley, owner of the D.C.-based Huntley & Co. design company (202-462-



A glass sink brings light — and dramatic personality — to Donna Jones' bathroom.

3030; Huntleyandcompany.com). "Don't use three different colors on the ceiling, walls and trim. Use the same tone for all the different planes; it simplifies things."

And carrying those same tones over to the wall tile and flooring helps everything flow together, rather than chopping up the room into different sections. That's what Huntley did when redoing the master bath of client Donna Jones, who lives in a Penn Quarter condo. A uniform color scheme (pink) along with reflective surfaces (sparkly tiles, shimmery wallpaper, a glass sink and countertop), helped totally transform the confining room.

"We did everything we could to bring light into that space," says Jones, 34, who's currently working on a political campaign in Colorado. "It's definitely a high-maintenance space, but it's gorgeous."

You can make a wee water closet even more attractive by maximizing your wall space, whether that means adding a recessed medicine cabinet or using glass or narrow wood shelves for storing toiletries

and towels. And less is definitely more when choosing accessories.

"A good rule of thumb is to make sure that everything you use for storage is the same color," says Margaret Carter, owner of Clarendon-based Margaret Carter Interiors (202-510-4211; Margaretcarterinteriors.com). "You want to avoid getting a mixture of storage things; that makes your eye have to absorb way more than it needs to."

"If you bring the eye up, you stop looking at the tiny little floor plan."

— **GENEVIEVE GORDER**, DESIGNER FEATURED ON HGTV'S "DESIGN STAR" AND "DEAR GENEVIEVE"

Stash your hair accessories and makeup in coordinating baskets, or store and display pretty soaps or lotions in glass canisters and jars all in the same shade. Those may be the only accessories you need. "If it doesn't help you to do something in the space, I don't think it should be decoration," Gorder says.

If you're switching out your sink, don't be so quick to ditch the vanity. "Pedestal sinks are wonderful for powder rooms," says Carter. "But unless they have great, big, wide ledges and you have other storage, they make no sense for an everyday bathroom."

But getting rid of the tub can make a huge difference. "A walk-



A mirror lends a sense of spaciousness to a privy designed by Huntley & Co.

in shower with a glass front will make the space feel double the size it was when you had a bathtub," Gorder says. "The glass gives the illusion of the space going on forever, and there are no obstacles to the eye."

Bethesda resident Julie Fritts, 35, whose first-floor guest bathroom Carter designed in shades of taupe, knows first-hand the power of good glass shower doors.

"You almost don't even see them there," says the stay-at-home mom of two. "We couldn't make the bathroom any bigger, but because it's tone-on-tone and so serene, it just feels like a larger space. We get a lot of compliments on it. Our guests are happy to use it; they say it's like staying in a nice hotel."

BETH LUBERECKI



Draw the eye up with a **STAR-SHAPED FLUSH-MOUNT LIGHT FIXTURE** designed by Eric Cohler for Visual Comfort (left, \$266.90, Visualcomfortlightinglights.com).

"It looks like it is floating on the ceiling, so it offers a little visual trick, which helps any space," says Emily Prugar, owner of M House Designs. "An interesting light overhead makes a room feel more finished, even in a bathroom."

Bitty Bonuses

Want to spruce up your small bathroom? Here are four recommended items that are tops for tight spaces. **B.L.**

Stash away your skin creams and dental floss in a **SLEEK MEDICINE CABINET** from Broan-NuTone Storage Solutions (Nutone.com). And if you opt for a recessed model (like the one pictured on the right, \$206), it won't eat up much of your bath's already feeble footprint.



Store rolled towels and toiletries with pretty packaging on **SIMPLE WOOD OR GLASS SHELVE**, such as the Grundtal shelves from Ikea (right, \$17.99 to \$29.99, Ikea.com).



Buy **COORDINATING STORAGE ITEMS** (think baskets, jars) to conceal the not-so-lovely stuff. Carter recommends searching for fun containers at stores such as Anthropologie, whose Leaf Study collection includes a tumbler, canister (above), and soap dish that are stylish and simple enough for a small space (\$10 to \$12, Anthropologie.com).

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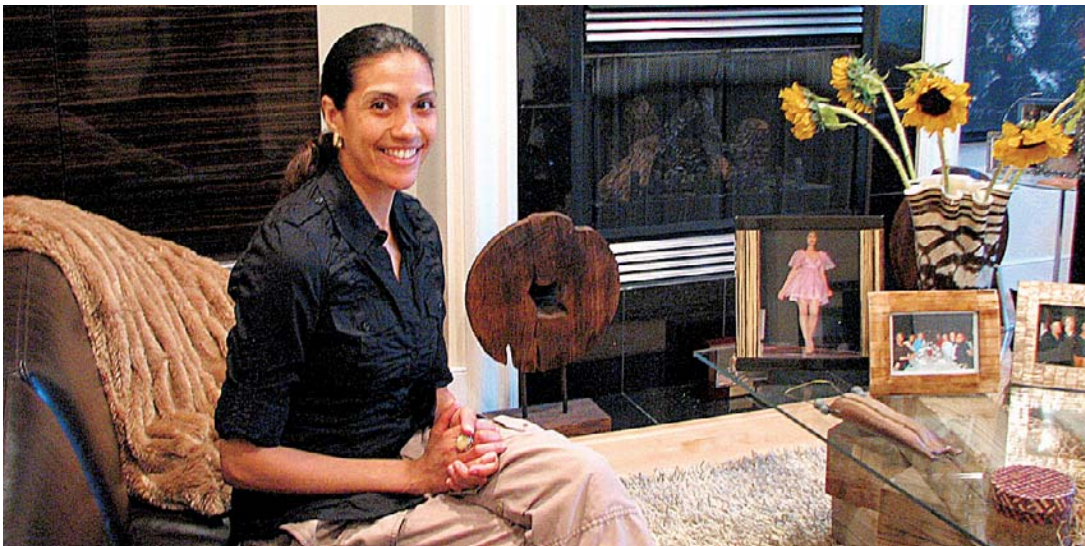
District's Northern Exposure

New residents flock to the NoMa enclave as it gains amenities

Neighborhoods

Khalil Ghannam moved his home and founded his business in NoMa two years ago based on hope for what the neighborhood could become.

Plans for the old railroad yard and warehouse district north of Capitol Hill and Union Station called for more than 20 million square feet of new mixed-use development over the next couple decades, so Ghannam, 49, opened



Maria-Lana Queen found the diverse, vibrant community she was looking for in NoMa, a rapidly expanding area in Northeast D.C.

Pound Coffee on Second Street NE and waited.

Two years later, Ghannam and others who staked claims in NoMa in its earliest days say the neighborhood, named for its location north of Massachusetts Avenue, are on their way to becoming a full-fledged community, with a spate of new apartment and condominium buildings yielding a rapidly expanding pool of residents.

"I moved here simply to be near the shop," said Ghannam, who rents an apartment off New York Avenue. "But now you can really see the neighborhood starting to emerge and grow."

NoMa has its roots in a classic "build it, and they will come" scenario: Area merchants contributed to a public-

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private partnership to fund the construction of the New York Avenue Metro station in 2004, hoping that it would lure new business, said Elizabeth Price, president of the NoMa Business Improvement District.

In March 2007, the D.C. Council and Mayor Adrian M. Fenty approved a special assessment for commercial property owners in the 35-block area to fund the NoMa Business Improvement District, which provides services including maintenance and public safety.

Tenants started rolling in. The U.S. Bureau of Alcohol, Tobacco, Firearms and Explosives set up shop in NoMa in August 2007. Sirius XM, CareFirst BlueCross BlueShield and CNN also have offices or headquarters in the neighborhood, and future tenants

“NoMa had the positive energy I was looking for. It’s a different take on city living.”

—MARIA-LANA QUEEN, NOMA RESIDENT

are expected to include NPR, the Community College of the District of Columbia and the U.S. Department of Justice.

Ghannam opened Pound Coffee in a ground-floor retail space in the ATF building in April 2008, moving into a nearby apartment about the same time. Ghannam and other residents admit that they felt some isolation in the neighborhood’s early days as the first retail and residential developments were being completed.



Pound Coffee owners Khalil Ghannam, left, and Karl Johnson have seen NoMa grow.

“I’d get home from work and realize there really wasn’t anywhere I could go without getting in the car,” Ghannam said.

But that sense of isolation is becoming a memory as new buildings open almost monthly.

Just last month saw the opening of a 340-bed intern-housing facility and the eight-mile Metropolitan Branch Trail, a paved trail that runs between Union Station and Silver Spring.

In August, the long-awaited Constitution Square development is slated to open with 440 apartments, a Hilton Garden Inn hotel and two office buildings. A Harris Teeter grocery store is supposed to open in December.

The neighborhood’s earliest residents say amenities such as

Continued on page E8

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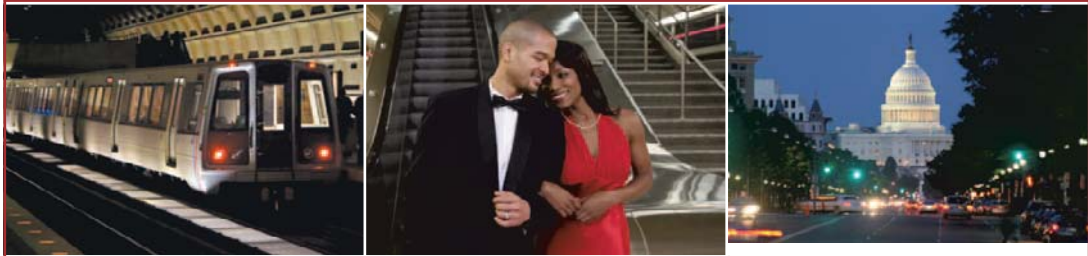
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The New York Avenue Metro station is a key transportation hub for NoMa residents.

NoMa's Rise

Continued from page E7

the bike trail and the Harris Tee-ter will help NoMa start to feel like a cohesive community.

"Something as little as the bike path can be huge," Ghannam said. "Just having a recreational activity nearby makes you feel like your neighborhood is connected to the larger city."

NoMa is surrounded by historic neighborhoods — including Eckington, Bloomingdale and Capitol Hill — and many residents said they were attracted to the excitement of new construction surrounded by the stability of historic homes.

"I loved that I'd have brand-new development on one side of the block and an established neighborhood with residents who have been there for years on the other side," said Maria-Lana Queen, 41, a grant manager for the U.S. Department of Housing and Urban Development.

Queen said she initially turned to neighborhoods such as the U Street corridor when searching for a diverse, energetic community that would inspire the abstract art she creates outside her day job, but she found NoMa after deeming U Street "too congested."

"NoMa had the kind of positive energy I was looking for," Queen said. "It's a different take on city living."

Beverley East, 56, an author and a handwriting analyst, said the new condominium she bought in Capitol Overlook, one of NoMa's first new residential buildings, drew her to the neighborhood three years ago.

"It may still be awhile before the residential side comes into its own, but it's heading in that direction."

— KHALIL GHANNAM, OWNER OF POUND COFFEE AND A NOMA RESIDENT

Her condominium on R Street NE is modern and spacious, and it sits on a block that seemed quiet and safe, East said.

Only after East moved in did she start to appreciate amenities such as the Metro stop and the Greyhound bus station, not to mention the FedEx depot she uses frequently for business and fast-food restaurants such as Five Guys for her then-teenage son.

For all the amenities and pending construction, residents say there are still gaps they'd like to see filled, such as a sit-down restaurant in addition to Au Bon Pain and the other "fast casual" places.

Ghannam said that if his business is any indication, more restaurants and retail shops will emerge soon: Pound Coffee recently started to stay open on nights and weekends to cater to the neighborhood's growing pool of residents in addition to its established group of office workers.

"I think we're a good example of the evolution of the neighborhood," Ghannam said. "It may still be awhile before the residential side comes into its own, but it's heading in that direction. It's starting to realize its potential."

AMY REININK (THE WASHINGTON POST)

Going Above and Beyond

Green rooftops help cut energy costs and provide new spaces for residents to relax

Innovation

The General Scott Condominiums have always hosted impressive views of the White House, the Washington National Cathedral and the Washington Monument, but only recently has resident Robert Sabanosh needed to coerce his neighbors to pack up for the night when the rooftop

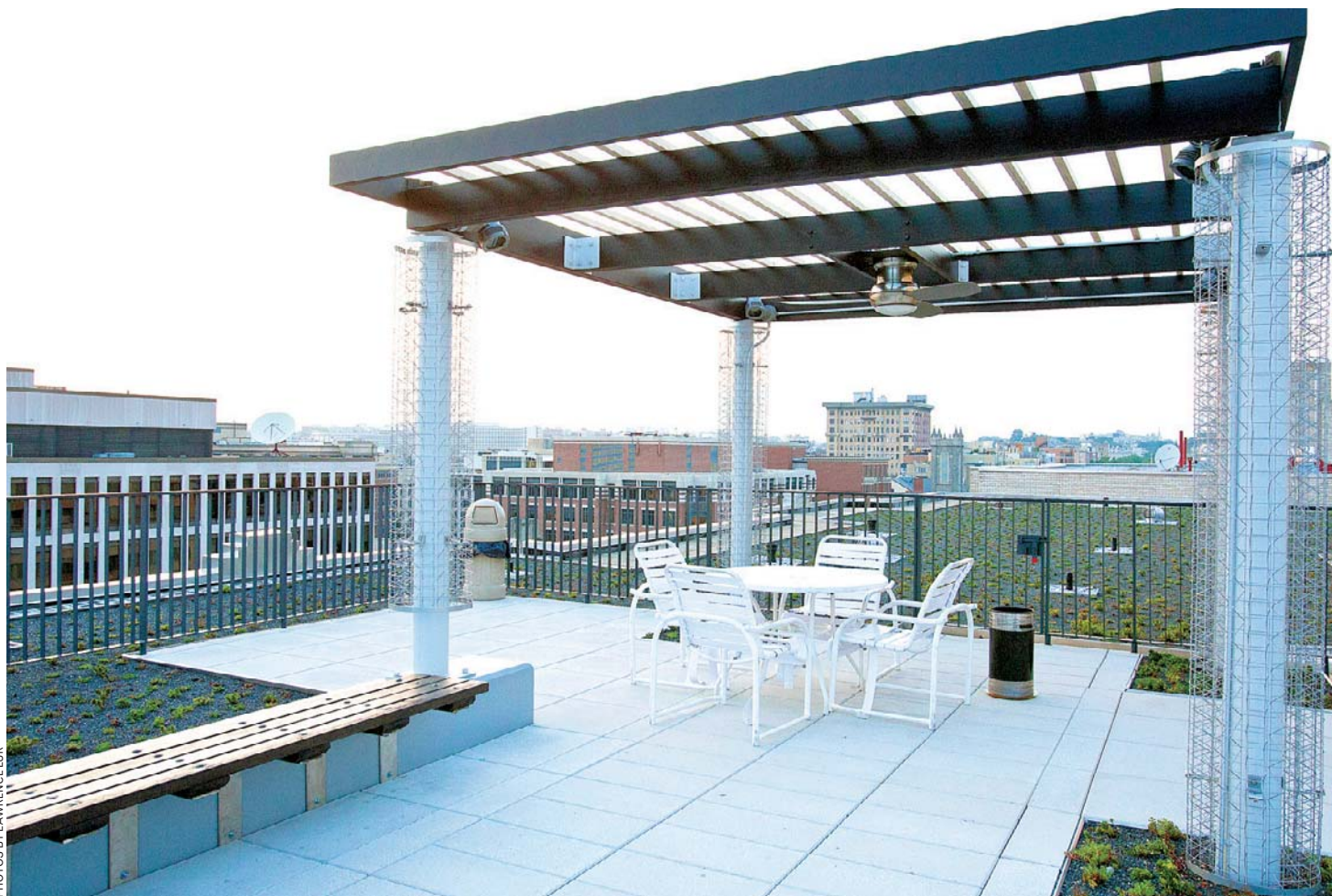
In the middle of a particularly brutal summer, residents might appreciate the relatively cooler air green roofs can provide.

access closes at 11 p.m. A green roof planted last fall has made the top of the building a true destination.

"We've seen a tenfold increase in rooftop use," said Sabanosh, a General Scott board member who has lived in the Scott Circle building seven years. "Before, you would bake up there."

Green roof technology combines arid landscaping with a sophisticated system of soil, porous gravel and layers of engineered drainage. The green installations reduce storm water runoff, last almost twice as long as traditional roofs and create energy cost savings — not to mention the aesthetic benefit of green patches popping up throughout the concrete jungle.

That's why the green roof movement has caught on in Washington, evidenced by individual homeowners who've installed green roofs atop their garages and the Dirksen Senate Office Building,



A green roof that was created at the General Scott Condominiums in Scott Circle last fall is intended to produce significant energy cost savings for the 1941 building.



Before the installation of plant life atop the General Scott, "you would bake up there," according to resident Robert Sabanosh.

where an existing tennis court will be transformed into a green roof.

The city ranks second in the nation for installation of green roof infrastructure, with nearly 200,000 square feet of rooftop plots created in 2009 and more than 500,000 installed in 2008, according to the nonprofit group Green Roofs for Healthy Cities (Greenroofs.org).

Developers hoping to install the technology are often assisted by District initiatives; they can apply for up to three subsidies to install green roofs (two are funded by the District Department of the Environment, while another is funded by the Neighborhood Investment Fund from the Deputy

Continued on page E10

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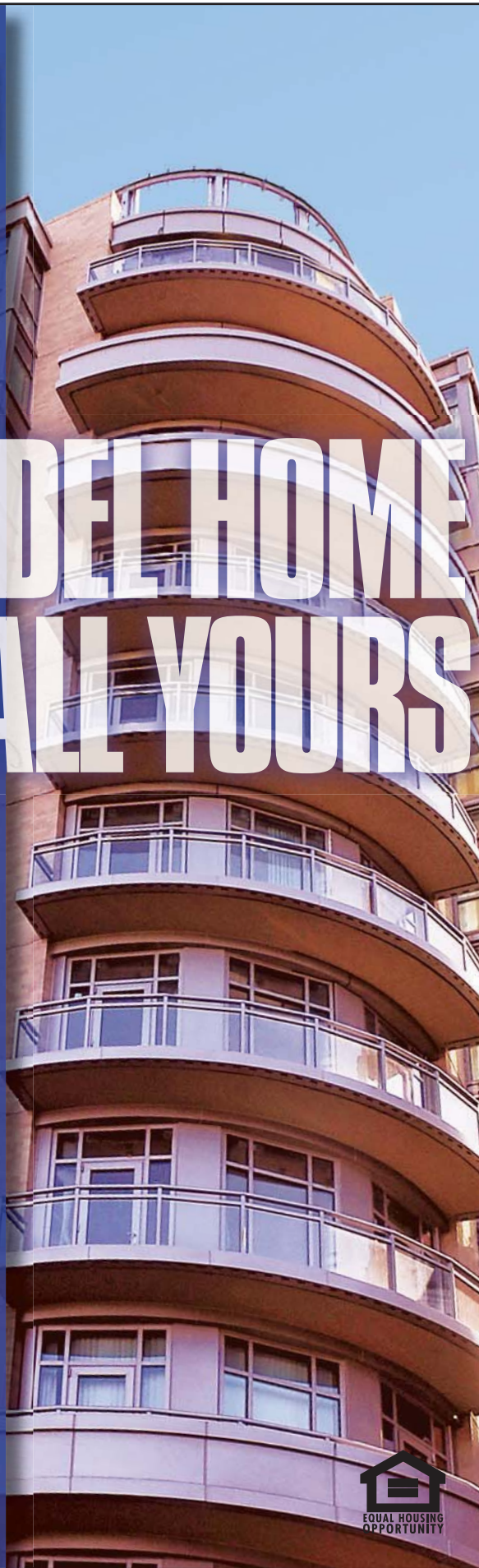
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Robert Sabanosh led the effort to install a green roof at the General Scott condos.

Seeing Green

Continued from page E9

Mayor's Office of Planning and Economic Development).

At the General Scott, which was built in 1941, the board campaigned for three years to replace its aging roof with the eco-friendly technology. It wasn't an easy sell, board member Sabanosh said, both because residents didn't want the work to affect their condo fees and because the technology is so new that few residents were aware of its benefits. A traditional roof replacement would have cost about \$200,000, Sabanosh said, while the green roof cost roughly \$500,000.

"People don't trust what they don't know," said Ty Voyles, a project manager for DC Greenworks (DCgreenworks.org), which helped organize the General Scott installation. Voyles, who coordinates "green collar" job training and volunteering in the District, touted some of the benefits of vegetated rooftops: "aesthetics, durability, longevity, energy reduction, storm water management [and] ambient cooling."

To gain support for the General Scott project, architect Christopher French hosted four community-wide presentations and created

"We've seen a tenfold increase in rooftop use."

— ROBERT SABANOSH, A BOARD MEMBER AT THE GENERAL SCOTT CONDOS, WHICH PLANTED A GREEN ROOF LAST FALL.

a variety of designs to reflect anticipated uses of the green roof, such as sunbathing, barbecuing and viewing fireworks.

Spreading the word about the lifestyle benefits to be gained from a green roof helped garner enough support among residents for the project, Sabanosh said.

"People didn't necessarily care that the roof would last three times longer than a traditional roof, because they might not live here long enough to pay it off, but they did want the expanded usable terrace," Sabanosh said.

The General Scott, where units cost from \$200,000 for a studio to \$325,000 for a one-bedroom unit, does not have amenities commonly found in newer buildings such as a gym or parking garage, so the promise of a rooftop deck with added environmental benefits drew the needed wave of support, Sabanosh said.

With the help of a municipal subsidy and an interactive design

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PHOTOS BY LAWRENCE LUK

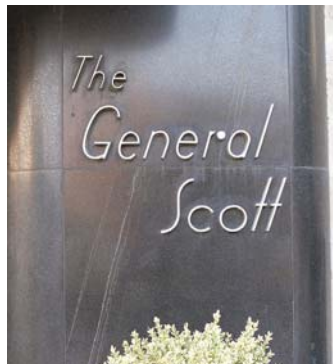
The General Scott's still-young vegetation has already helped improve air quality.

campaign between D.C.-based French Studios Architecture & Planning (Frenchstudios.com) and the 181 General Scott condo owners, the board ultimately managed to foot the bill without asking for a special assessment from residents.

A number of new condo developments are taking cues from successful green roof installations such as the one at the General Scott. Fendall Heights in Anacostia, for instance, received a grant from the Department of Energy to fund its plan to incorporate vegetated roofs into its original construction. The LEED-certified Alta at Thomas Circle and Lofts 11 in Logan Circle are also among the city's condo buildings that included green rooftops in their development plans.

In the middle of a particularly brutal summer, residents with access to nature-filled roofs might appreciate the access to fresh — and relatively cooler — air these elevated urban parks provide.

Plant life helps cool rooftop temperatures — compared to blacktop surfaces, which can reach 150 degrees in the middle of the day, Voyles said. Green roofs' temperature feels the same as the air outside, he said.



The General Scott is just one of many buildings across D.C. with green roofs.

That benefit has helped attract new residents at an apartment building at 1310 K St. SE, where Susan Kelly, a managing broker with Capital Properties Group, installed a vegetated roof with the help of DC Greenworks.

"When I bring interested tenants up here, they're always impressed," Kelly said.

One of the most immediately obvious green roof gains manifests itself in residents' wallets: Many tenants in Kelly's building report their utility bills are lower than at previous apartments, which Kelly attributes to the cooling features of the eco-friendly patch of land above their heads. "It's been a worthwhile investment," she said.

JOSIE CELLONE

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Closet Conundrums And DIY Scouting

A real estate expert answers questions about buying homes

Chat

I currently reside in Arlington, but I'm thinking about purchasing a townhouse in Centreville because I think there's more bang for the buck in Centreville. What's the area like for a couple in their late 20s and thinking about children? Lastly, will the commute from Centreville to Old Town kill me?

Either place is good for kids, especially if you land in a nice, friendly neighborhood that feeds into a school you like. But, certainly, you can buy more square footage in Centreville. You seem to realize that the trade-off is time. And that's one heck of a difference in commute. Please do a couple trial commutes — during weekday rush hours — using the train or bus or car, however you envision commuting. Only you can decide whether it's worth the trade-off.

I've just started to look for a one-bedroom place, and I've noticed that some of these don't meet the standard for a one-bedroom, i.e., no built-in closet. Are these places to walk away from or does this mean there is more negotiating room since it really is a studio apartment?

The closet-in-the-bedroom standard isn't always such a hard-and-fast rule, especially with old or historic properties. And it isn't really a studio if it has a hallway or two rooms, is it? You should negotiate for the best price you can get vis-à-vis comparable offerings on the market — not just in terms of closet space, but square footage, neighborhood amenities, convenience, attractiveness, etc. You can always buy an armoire — or build in a closet — if the rest of the space is right.



Purchasing a home outside the Beltway will give you more bang for your buck.

How much of an agent's job is it to find the right listings? I feel like I'm much better at finding listings than our agent. I've articulated exactly what we want and yet she keeps sending us the wrong types of properties. Has this become a source of tension between agents and their clients? With the internet and online MLS listings, I can just look for places myself. Should I be worried about offending our agent by sending her listings and declining hers?

Well, it certainly is a big part of the agent's job to listen to you. And if your agent is really missing the mark, then you both might be better off if you started working with someone else. That said, a good agent — who really listens — may introduce you to some things that you didn't realize you wanted. You might say, for example, that you want a colonial, but a rambler that rings all the other bells for you might just do the trick. But you don't want a steady diet of second-guessing.

These excerpts come from a July 26 online chat led by Washington Post Real Estate editor Elizabeth Razzi. Find more real estate tips at washingtonpost.com/realestate.

Calm Clubhouse as Trades Loom

Dunn remains hot commodity before Saturday deadline

The Nationals

Jim Riggleman knows what time of year this is. He doesn't need a calendar.

All he has to do is glance into the stands behind home plate and notice all the scouts in the seats.

He knows the faces and which team they're from, and he knows they are sizing up his players and possibly encouraging their bosses to pry them away before the trade deadline strikes at 4 p.m. on Saturday afternoon.

"You see the guys in the stands," the Washington Nationals manager said. "It's just got to play itself out, you know. I really focus on managing the 25 guys I have. I'd like to keep them together and see if we can get this thing going sooner than later."

The Nationals have a handful of players opposing teams covet as they seek to make a run at the playoffs. First baseman Adam Dunn is the top target. Rumors swirl each night through the press box and each day across the Internet about the latest team bidding for his services and what package of prospects might be offered



Slugger Adam Dunn is the talk of many a trade rumor as the deadline approaches.

in return. The Chicago White Sox reportedly want him desperately, and reports also indicate interest from the Los Angeles Angels, Detroit Tigers, Tampa Bay Rays and New York Yankees.

Left fielder Josh Willingham and closer Matt Capps have also been asked after, and general manager Mike Rizzo said in a radio interview this week that he's fielded calls about second basemen Cris-

Meanwhile ...

The Nationals took the series from division leader Atlanta with an afternoon 5-3 win over the Braves Thursday. Despite a rain delay, the Nats held onto their early lead, with run production from Ian Desmond, hitting his 11th career home run, and Adam Dunn, blasting his 24th of the season. Scott Olsen notched the win. The Nats will face Roy Oswalt, now sporting a Phillies jersey, Friday in his first start with the team after he OK'd a trade to the second-place squad Thursday. (EXPRESS)

tian Guzman and Adam Kennedy, and utility man Willie Harris.

"It's a little edgy time of year for some guys," Riggleman said.

Rookie reliever Drew Storen didn't know what to expect from this time of year. He thought it would be tense, anxious, that trade talk would permeate the clubhouse.

"Honestly, the guys really haven't been talking about it," he said. "They just kind of go about their business. They know that they don't have a lot of control."

Despite being the most-wanted hitter available, Dunn's philosophy is simple: "Whatever, dude."

Dunn says no matter what, he's "in a win-win situation."

DEREK TURNER

Swengali

'Handle With Care' Is Nats' Philosophy

If your local Target is out of bubble wrap, you ought to know where to look for it by now: Nationals Park.

D.C.'s baseball club has shown that it will go to any means to protect rookie phenom Stephen Strasburg. Why? Because he's a phenom, silly.



By Matt Swenson

The Nationals should be, and will be in the long run, applauded for using extra-thick kid gloves in handling their prized pitcher. After all, who wants to be the one

that cuts short the career of the best prospect on the planet?

Short term, though, you have to laugh a little.

This week, Strasburg couldn't warm up properly. If there is a red

The Nationals should be, and will be, applauded for using extra-thick kid gloves.

phone in the bullpen, that's what pitching coach Steve McCatty surely used in alerting GM Mike Rizzo.

Rizzo pulled the plug on Tuesday's start. The Nats added some more bubble wrap Thursday, putting the rookie on the disabled list even though he's "feeling great."

There is little wrong with the 22-year-old other than he has a bit of a dead arm. He's tired from the longest workload of his young life.

By next year, he'll be expected to pitch through this. But not now; not when the Nats are bottom-dwellers yet again.

Forget a scarlet A — as in A-plus for his great start to a career. It should be a "handle with care" sticker attached to Strasburg whenever he takes the mound again this season.

@ To reach Matt Swenson, e-mail matt.swenson@readexpress.com

Nats Place Strasburg on the Disabled List

Team stays cautious with prized rookie after scratched start

The Nationals

The Nationals placed 22-year-old phenom Stephen Strasburg on the disabled list with an inflamed right shoulder before Thursday's game, eliminating any chance he will pitch Sunday and placing his remarkable rookie season on pause.

"They're [taking] every precaution with me," Strasburg said. "It's feeling great already. I'm making big strides. I'm just going to keep getting better, keep getting stronger, and when the time comes, I'm going to be ready to go."

Since Strasburg has not pitched since July 21, he could return to the rotation as soon as Aug. 6. That seems unlikely given the necessary caution the Nationals are taking. Strasburg, though, will travel with the Nationals and believes



After missing his start Tuesday, Stephen Strasburg was placed on the 15-day DL.

he could pitch again shortly after he is eligible.

"That's what they told me," Strasburg said.

The Nationals believe Strasburg will return before the end of the season. "Absolutely," Manager Jim Riggleman said. They will also continue with utmost prudence in protecting Strasburg's right arm.

"If he's 90 percent healthy, we shut him down," Riggleman said. "He's got to be 100 percent." (TWP)

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face**time**



Stacie Turner

D.C. 'REAL HOUSEWIFE,' SUSHI LOVER

Breathlessly waiting for Bravo's Aug. 5 debut of "The Real Housewives of Washington D.C."? Then you know who not to root for (battery-acid blond state dinner crasher Michaela Salahi) when the catfight starts. You may even realize that one star (Brit Catherine Ommanney) snogged Prince Harry. But D.C.'s "Wives" offers something rarer than a quiet moment from Bethenny Frankel: a genuinely nice heroine in Stacie Turner, a real estate agent and charity fixture. So, what's she's doing with these publicity, um, hounds?

Why'd you sign up to do this?
I was leery! I couldn't imagine my life being on display. But I thought it'd bring visibility to my business and charity [foster-care assistance program Extra-Ordinary Life].

What's the D.C. social scene like?
Here, we have politics, which doesn't have a role in the other shows. Also, D.C. is diverse, and has international flair and a racial mix. The city has really taken off in the past couple of years.

You seem to have nice friends already. What happened when you brought these women around?
It just expanded the circle. That's one of the cool things about D.C. There are just so many circles you can move in and out of.

Including the White House?
There's a misconception that the show revolves around the Salahis and the White House. People will see drama because we go interesting places and have unusual experiences.

So there's no Barack-spotting on the show?

No, but you'll see his influence. The Obamas have made the White House cool. It helps to have a fashionable first lady.

But Michelle doesn't seem to shop in D.C.! You do. Any fave boutiques?
I love Hu's Wear (2906 M St. NW;

"There's a misconception that the show revolves around the Salahis and the White House."

202-342-2020) — just everything there, plus the shoe store across the street [Hu's Shoes, 3005 M St. NW; 202-342-0202]. I also like to shop in Baltimore at Vasarri (1636 Reisterstown Road, Pikesville; 410-415-6333). It's in the middle of a strip mall, but it has awesome cocktail clothes.

What about restaurants?
Ben's Chili Bowl is one of my hang-outs (1213 U St. NW; 202-667-0909). I also like Oya (777 9th St. NW; 202-393-1400) because I love sushi, and it has a sexy bar.

As a real estate agent, you must know what the new hot D.C. neighborhood is. Where should I buy a condo?
The hottest place right now is NoMa, like the H Street NE corridor between 11th and 13th streets. They're going to get a trolley car system, and it's going to be a cool extension of Capitol Hill.

What about your own house?
My husband and I love to renovate houses, and our house used to be a church. It was a complete hovel, but now it's cool.
JENNIFER BARGER (EXPRESS)

Event Horizon | For Shirts and Giggles

Join dapper D.C. men's shirtmaker Hugh & Crye for the launch of its fall collection, plus edgy storytelling by Speakeasy DC and drinks and eats from Peroni and Coppi's Organic. Proceeds benefit the D.C. educational non-profit Martha's Table. Admission is \$20. Sat., 8 p.m. 3306 M Street Gallery; hughandcrye.eventbrite.com

1

Grab Bag

A Harlem Renaissance

A FEW YEARS BACK. New Yorkers took the L train to Williamsburg, Brooklyn, to score cutting-edge fashions. These days, some of the cool factor has blown back across the river and above 116th Street. Starting Sunday, Target.com celebrates this hipification of Harlem (and its new store in the nabe), selling pieces by local designers, including a 1980s-bright knit dress by Stephen Burrows (shown, \$35) and pretty print bikinis by Isabel and Ruben Toledo.



Thanks Very Munch

IF A NICE KID from Chicago went to French pastry school, he or she might dream up beer pretzel brittle. Wait! That's exactly what Windy City chocolatier Nicole Greene of Truffle Truffle (Truffletruffle.com) did, deliciously combining milk chocolate, stout and salty bar snacks into a hard-to-stop-eating treat (shown, \$12) that's two parts haute cuisine, one part frat-boy dream. Greene's other inspired decadences include salty chocolate-dipped shortbread (\$14 for 12 pieces) and curry caramels.



Southern Manner

BUCKHEAD-BASED

interior designer Suzanne Kasler is known for Gallic-by-way-of-Georgia rooms. Her new collection for Ballard Designs (Ballarddesigns.com) mixes Southern charm with Euro-utility (think Charleston meets Copenhagen on an Ikea budget). Available Sunday, pieces speaking with a mixed-yet-charming accent include Marie Antoinette-ish chairs (\$529), burlap-wrapped vases (\$49) and sunburst mirrors (shown, \$99) paying homage to Ra, Apollo or maybe those sad, beheaded French royals.



A Place At the Table

CLACK, CLACK, CLACK. Oh, sorry — that's just us opening and closing a lipstick from Burberry Beauty (\$27-\$55, Nordstrom.com and Burberry.com). The sturdy magnetized tubes and compacts make sexy, satisfying snaps as they shut. The actual cosmetics — all imprinted with that iconic plaid — are equally respectable. Miss Manners may disagree, but we think these products shouldn't be confined to the powder room — use them at dinner with pride.



The Desk Setup

IN OUR OFFICE, nuking Lean Cuisines in the microwave amounts to Russian roulette. Will you catch Ebola from the filthy turntable? Will an intern steal your Hot Pocket? But with Black + Blum's new Box Appetit lunch box (shown, \$22, Homebody, 715 8th St. SE; 202-544-8445) one can, instead, seal up a nice meal in a stylish, reusable, disease-free plastic vessel resembling a haute to-go container (and also containing a handy fork). Ridiculing co-workers who have the plague from undercooked Stouffer's lasagne is uncool, though.



Dear Manolo

ANSWERS FROM THE SHOE BLOGGER

I love all the fabulous shoes you recommend in your column, but as you know, things are kind of tough out there, and I'm just a poor working girl. Could you suggest some office-worthy shoes that would look great for the fall but not cost me an arm and a leg? — LAYNE

Manolo says, although it is true that one should always buy the super-fantastic shoes of the best and highest quality, in the current recession of economic disastrousness, the monies



for such beautiful shoes may not always be available.

And because one cannot go into the office with the bare feet, lest the managing director see your toes and become distracted, one must sometimes settle for shoes of lesser fantastiness.

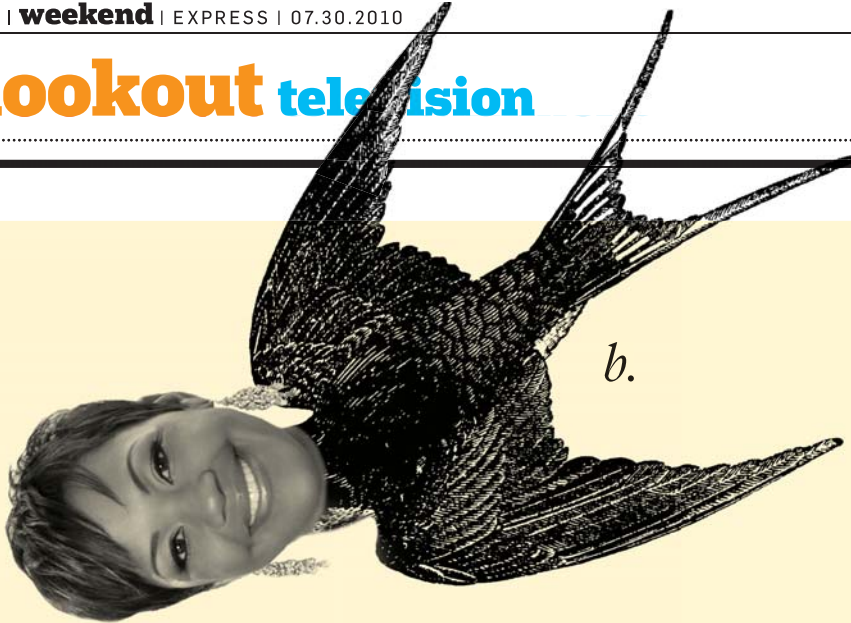
As always, the Manolo understands and sympathizes with such plights, for he knows what it is like to be poor, so poor that you must fashion your own super-fantastic shoes out of the empty cat food cans and the condemnation notices the marshals have been tacking to the front door of the "abandoned" building in which you have been living for the past month and a half.

Here is Now from the Franco Sarto (\$89, Zappos.com), the very reasonably priced work shoe with the pleasing details.

It is available in the variety of colors and finishes (red suede, black leather, taupe suede), although the Manolo favors the black suede for this fall.

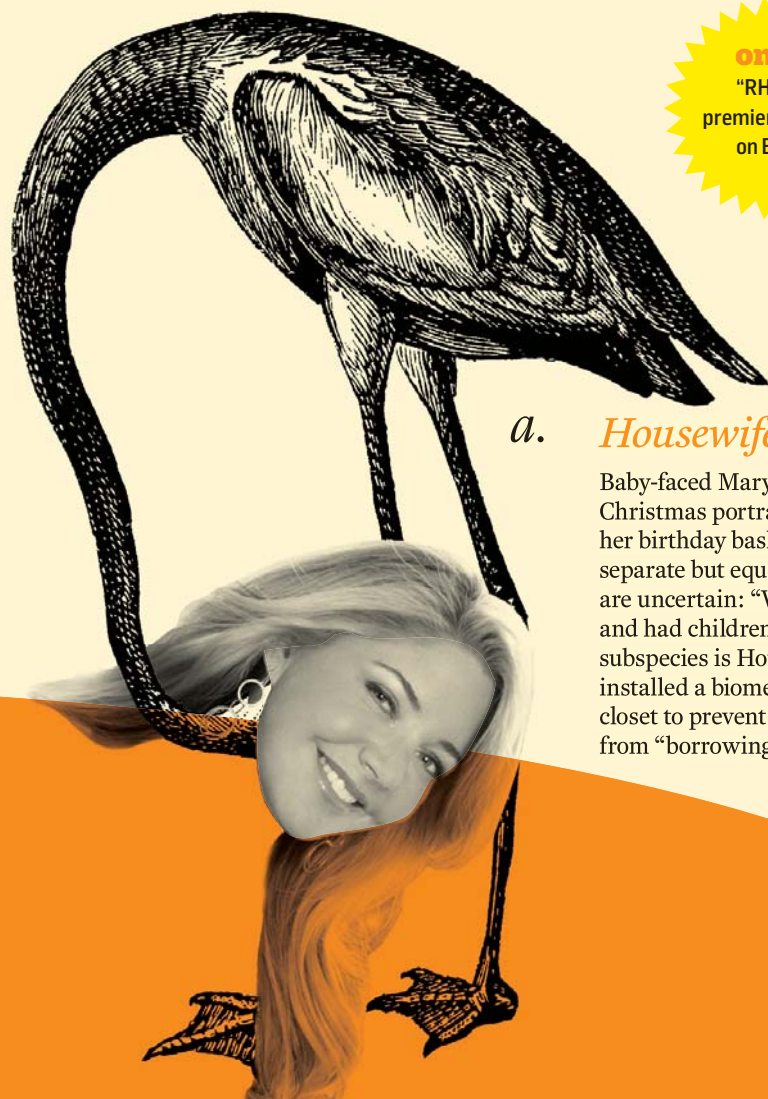


Ask the Manolo a question at manolo@shoeblogs.com. Visit the Manolo at shoeblogs.com.



Housewifeus superachievera

Likeable and relatively down-to-earth, Stacie is a Harvard MBA and high-end real estate agent. The mother of two has a strict definition of D.C. habitat: "You can't say you are a native Washingtonian and live in McLean." (Oh, snap; Mary lives in McLean!). As the sole "Real Housewife" of color, Stacie is the voice of black Washington: "Most people don't know D.C. was called the 'chocolate city.'"



on tv
"RHODC"
premieres Aug. 5
on Bravo.

Housewifeus tipsia

Baby-faced Mary brings wine to the family Christmas portrait shoot and gets so buzzed at her birthday bash that she calls for an end to separate but equal hair salons. Mating habits are uncertain: "We met, fell in love, got married, and had children, just not in that order." Her subspecies is *Housewifeus Distrusta*: Mary has installed a biometric fingerprint lock on her closet to prevent one of her daughters from "borrowing" her clothing.

Wildwife Watching

"The Real Housewives of Washington D.C." aren't 100 percent real. The show's director will tell them, "That was great what you just said. Now say it again." But they really do live in the Washington, D.C., area. Their habitat, however, may seem unfamiliar to many Washingtonians.

For example, the housewives believe that in their neck of the Washington woods, "the currency ... is proximity to power" — even though most of the city's residents are in fact unable to purchase a decaf skinny latte with "proximity to power." Like other regional collections of housewives, the D.C. group is extremely self-absorbed. One of them complained that filming kept her so busy she did not have time for a facial and massage. Our flock is also kind of boring, spending far too much time talking about nothing. For further details, consult my species analysis:

— By Express TV critic Marc Silver

Man Hunting

Ellicott City, Md., stay-at-home dad Adam Newcomer, 31, told us where to spot D.C. trophy husbands (his preferred term): → **Exclusive Clubs:** Costco, which lures VIPs with free samples and "big parking spaces." → **Boutique Salons:** "It's called Hair Cuttery; don't know if you've heard of it." → **Designer Shops:** There's a story time outside Lord & Taylor at the Columbia mall. → **High-Powered Sports:** Dads catch up on fantasy football while kids frolic at local parks. More with Adam on Expressnightout.com! (EXPRESS)



Housewifeus delusionala extrema

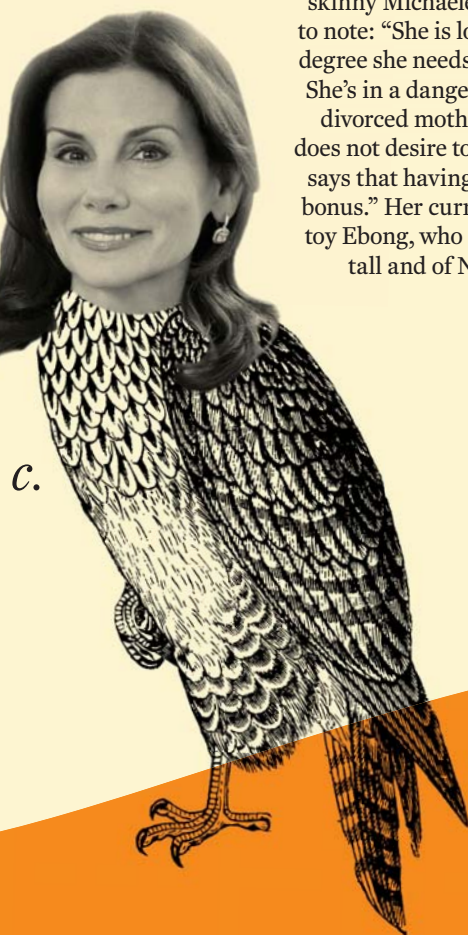
Michaela is the notorious White House party crasher and considers herself a “fellow girl lobbyist” because she lobbied once — in Richmond. Michaela watchers should wait patiently in hotel lobbies: Because she frequently travels from Virginia wine country to the District for social events, “Hotels have been a big part of my life.” The very mention of her name provokes a seemingly instinctive behavior from the others: They wrinkle their noses to indicate their distaste for the “second-tier” socialite.

online

Visit Expressnightout.com for weekly recaps.

Housewifeus troublemakera

Model agency owner Lynda is a familiar species in the “Housewife” ecosystem: the conflict stirrer. The sight of skinny Michaela prompts Lynda to note: “She is losing weight to a degree she needs to be spoken to. She’s in a danger zone.” A twice-divorced mother of four, Lynda does not desire to mate again and says that having a man is “like a bonus.” Her current bonus is boy toy Ebong, who is 6 feet 5 inches tall and of Nigerian descent.

*Housewifeus delusionala*

Catherine, aka “Cat,” is a sharp-tongued Brit with two charming daughters. Her main delusion is that Obama should have attended her wedding because her second husband’s Newsweek photos of the candidate “contributed” to his victory. A secondary delusion is that wearing a hot pink dress with a humongous cabbage flower at her throat is a good idea. It is not.

**Hey, Who’s That Guy?**

The housewife sidekick with the flowing tresses is Paul Wharton (Paulwhartonstyle.com), a stylist-turned-TV personality who’s known most of the gals for years. “It’s very exciting,” he told Express’ Katherine Boyle. “But everybody’s hair is stressed right now.”

How do you feel about being called the “sixth housewife”?

The term started with Dwight [on “The Real Housewives of Atlanta”]. It’s just a character who makes it a bit more interesting. I think it puts a spin on things. Too many women is sometimes a bit of trouble.

Where can you be spotted?

At L2. A couple weeks ago, we were actually all there.

Which housewife’s style do you admire most?

Lynda’s closet is amazing.

Can you comment on a certain statement about hair salons in the first episode?

I know Mary’s at least slightly horrified. But for hairstylists at the top of their game, it’s not being able to do just black hair or white hair; you should just really know hair.

So, are you getting your own show?

I’m up to something.

● For more Paul talk, visit Expressnightout.com.

lookout styles

1

Rehoboth Beach Babe

Clockwise from top left: (1) Impress brainy surfers with a smart-yet-racy beach read. (\$20, Proper Topper, 1350 Connecticut Ave. NW; 202-842-3055) (2) Flash tan skin with a Lucite necklace. (\$30, Be You Fashion, Sat.-Sun. at Eastern Market; 7th and C streets SE) (3) A starfish ring pairs well with whites. (\$168, South Moon Under, 2700 Clarendon Blvd.; 703-807-4083) (4) Keep rays at bay with a floppy raffia hat. (\$42, Be You Fashion) (5) More Nantucket than "Jersey Shore," a posy headband goes with ocean updos. (\$22, ShoeFly, 2727 Wilson Blvd.; 703-243-6490) (6) Shades work for naps in the sand. (\$65, Proper Topper) (7) Store everything in Mar Y Sol's tote. (\$83, Proper Topper)

2

Paris Princess

Clockwise from top left: (1) Take bijoux to go in a jewelry roll. (\$32, Proper Topper) (2) Ooh, la, la sunnies shield you from paparazzi on the Pont Neuf. (\$14, ShoeFly) (3) Check cosmetics (or store potions you pick up in France) in Kate Spade's vaguely nautical tote. (\$135, Kate Spade, 3061 M St. NW; 202-333-8302) (4) Hit the cobblestones of Montmartre without falling on your derriere in sturdy-yet-glam Steve Madden heels. (\$160, ShoeFly) (5) Dress up a black dress for a night at a cafe with a charm necklace. (\$36, ShoeFly) (6) For naps on the flight: an eye mask. (\$22, Proper Topper)

Escape Batch

Whether a jet/train/Prius speeds you to the Outer Banks or Outer Mongolia for vacation, bringing accessories that match your trip matters almost as much as where you're headed. "Don't let the ruins be ruined by something uncomfortable on your feet," says Jen Marfino, owner of local boutique chainlet ShoeFly. Here are our picks for three holiday hot spots. And remember: It's better to pack right than pack light.

TEXT JENNIFER BARGER (EXPRESS); STYLED BY CATHY PHILLIPS

3

Mountain Mama

Clockwise from top left: (1) Hit the trail hiply with a metal water bottle. (\$20, Be You Fashions) (2) A scarf works for cool evenings by the campfire. (\$30, Landsend.com) (3) Canoe trips or waterfall dips require a waterproof watch. (\$90, South Moon Under) (4) A straw fedora is cooler than a baseball cap, both literally and figuratively. (\$20, Proper Topper) (5) Stash your snacks in a sturdy tote. (\$25, Builtnyc.com) (6) Slip on some Toms Shoes in camp. (\$60, ShoeFly) (7) Pretty up a sporty getup with a headband. (\$28, South Moon Under)

The Reelist

An Appetizing 'Dinner'

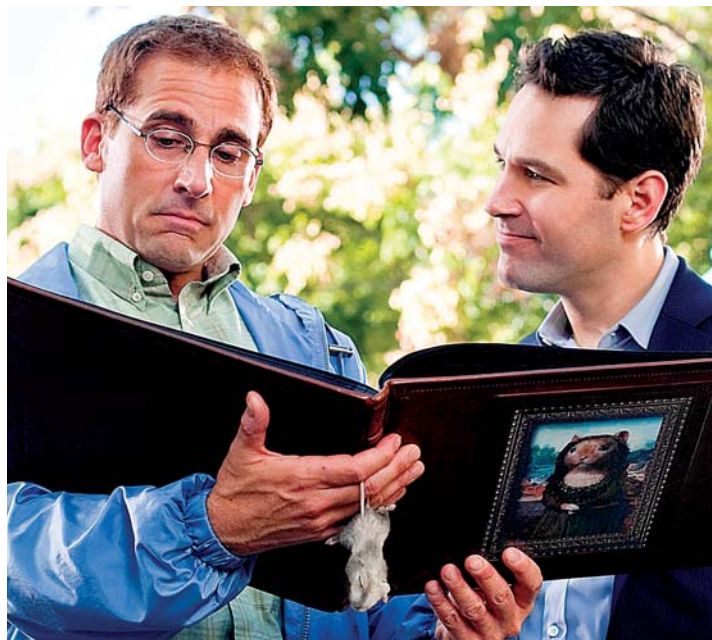
Carell and Rudd are bizarre and bland, respectively, in this lightweight farce

Film Review

"Dinner for Schmucks" has already raised hackles in the Yiddish-speaking community for the breathtakingly offensive epithet in its title (and it's not "dinner"). But it turns out that this comedy of humiliation, starring Paul Rudd and Steve Carell, isn't nearly as off-putting as it might have been.

Rudd plays Tim, an ambitious young executive desperate to impress his art-dealer girlfriend (the fetching Stephanie Szostak), who is invited by his icy boss (Bruce Greenwood) to attend one of his regular "dinners for idiots." Each guest is supposed to bring the dumbest, most pathetic idiot he can find; the most pitiful plus-one wins. ("No mimes; it's a cliché," one co-worker warns.)

When Tim literally collides with Barry (Carell), the game is afoot. Buck-toothed and goggle-eyed, Barry makes neurotically detailed



Steve Carell plays a creep to Paul Rudd's generic charmer in "Dinner for Schmucks."

Dinner for Schmucks

- **Director:** Jay Roach
- **Stars:** Paul Rudd, Steve Carell, Zach Galifianakis, Jemaine Clement
- **In a Nutshell:** An ambitious exec tries to bring a neurotic creep to his boss' dinner for idiots.
- **For Fans Of:** "Meet the Parents"

tableaux with stuffed dead mice. When he meets the blandly affable Tim, he becomes as creepily, romantically inclined as Jim Carrey in "The Cable Guy." But instead of going dark, "Dinner for Schmucks" keeps it breezy, with Barry embroiling Tim in ever-more-mortifying mishaps. The fallout includes a reunion with a sexually predato-

ry stalker and an IRS audit.

That's all before dinner. Jay Roach has adapted Francis Veber's 1998 French farce "Le Diner de Cons" with the same, tired close-up, close-up, medium-shot rhythm that characterizes his "Meet the Parents" movies. But Rudd and Carell have just the charisma, alertness and dexterity to make "Dinner for Schmucks" work. (Rudd is particularly winning, especially when he battles that bad back.)

And the movie benefits from piquant spice by way of scene-stealing supporting players, including "Flight of the Conchords" Jemaine Clement as a fatuous artist and Zach Galifianakis as a telepathic IRS agent.

In truth, "Dinner for Schmucks" is misnamed, since most of the movie's antic slapstick energy derives from the eventful run-up to the main event. The climactic party itself often feels like an awkward, unevenly paced come-down.

"Dinner for Schmucks" may be as broad as the proverbial groaning board, but Rudd and Carell transform an otherwise disposable meal into something worth savoring.

ANN HORNADAY (THE WASHINGTON POST)

The Price of Perfection

The melodramatic 'Charlie St. Cloud' is too polished to enjoy

Film Review

"Charlie St. Cloud," like its star, Zac Efron, is a gorgeous, unblemished thing. Both would be much improved with a tiny flaw or two.

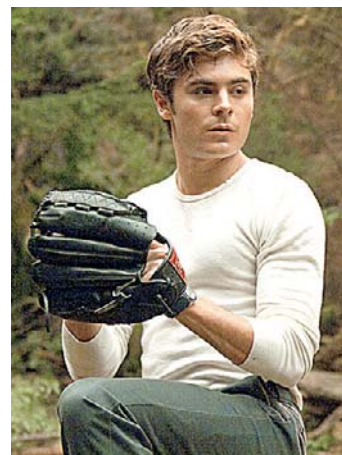
Don't get me wrong. Efron is nice to look at. Many moviegoers will no doubt go just to see him smile, and brood, and take off his shirt, which he does with a regularity approaching that of Mat-

thew McConaughey.

What's more, the 22-year-old (of "High School Musical" fame) is turning into a decent actor. As the titular Charlie, a young man whose guilt and grief over his 11-year-old brother's death — in a car Charlie was driving — has paralyzed him emotionally, Efron works hard to make you believe his character's angst. The scenes in which he plays catch with dead brother Sam (Charlie Tahan) are particularly touching.

It's just that the movie, like the man, is a little too perfect.

From the insistently gooe-



Zac Efron plays ball with his deceased brother in the angsty "Charlie St. Cloud."

Charlie St. Cloud

- **Director:** Burr Steers
- **Stars:** Zac Efron, Charlie Tahan, Amanda Crew, Ray Liotta
- **In a Nutshell:** A young man copes with grief over his brother's death.
- **For Fans Of:** "The Notebook," "17 Again"

score that pushes and prods you to feel Charlie's pain, to the sparkling cinematography that turns the fictional Pacific Northwest setting of Quincy Bay into an ad for a vacation time-share, the movie has a machine-extruded gloss that makes it harder, not easier, to swallow its difficult emotions. MICHAEL O'SULLIVAN (THE WASHINGTON POST)

Zac to the Future

I bet you a dollar that Zac Efron will win an Oscar by 2030. Not for "Charlie St. Cloud" — the thin tale of a guy who can still see, talk to and play catch with his dead little brother — but for something.

I blame my niece. I was visiting family in Memphis when "High School Musical 2" premiered. Being the cool aunt, I watched it and was struck by how much it didn't suck, particularly Efron's goofy hot Troy. I caught the other two "HSMs" due to boredom and work, respectively, and I recently channel-flipped onto "Hairspray" and found myself still watching 45 minutes later — mainly because of Efron's Link Larkin. I'm kind of ... a fan.

Were I 12 again, he'd be the heartthrob on the poster over my bed. He's a natural when it comes to musical theater, knowing that you have to commit to the cheese with a wink and a sparkle. Efron has talent and a certain magnetism, but the real contributing factor to his success will be that he keeps getting better. Take his dancing: In the first "HSM," you could see him counting in his head. By "Hairspray," he was holding his own with Broadway-seasoned hoofers.

"Charlie St. Cloud" may not have the strongest script. There's the required "NOOOOOOOOO" of anguish and many Looking Out at the Water in Torment scenes. But it's still a move in Efron's dance from the hearts of tweens into actual respect.

@ Comments? Give Kristen your feedback: expressnightout.com/thereelist

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AGORA (NR, 126 minutes) "Agora" takes place in fourth-century Egypt, where in Alexandria, the astronomer and philosopher Hypatia (Rachel Weisz) regularly

gathers circles of students to explore the governing principles of the universe. Although Hypatia is an atheist and her father, Theon (Michael Lonsdale), is pagan like most of their countrymen, the nascent faith of Christianity has claimed the hearts and minds of many Egyptians, among them Hypatia's servant, Davus (Max Minghella), and her student Syne-sius (Rupert Evans), who will eventually

be named Bishop of Cyrene. As tensions rise, the conflict finally culminates in a brutal attack on the city's legendary library. **(AH)**
COCO CHANEL & IGOR STRAVINSKY (R, 118 minutes) This is a movie for aficionados only: Lovers of 1920s design, fans of Stravinsky and devotees of Coco Chanel. The movie begins with the premiere of Igor Stravinsky's (Mads Mikkelsen) ballet

"The Rite of Spring" and the audience's wild responses. The film skips forward to 1920, when Coco Chanel (Anna Mouglalis) invites the struggling composer and his family to leave the Paris hotel into which they've been crammed. While lonely wife Katia pines upstairs, Igor gives Coco piano lessons, and the two provocateurs flirt to the strains of a Stravinsky-ish score. Once the couple's affair begins, the

imbalance in the relationship becomes clear. **(DAN KOIS)**
COUNTDOWN TO ZERO (PG, 91 minutes) As a template in this film, Lucy Walker uses John F. Kennedy's 1961 speech to the United Nations — in which he described a "nuclear sword of Damocles, hanging by the slenderest of threads, capable of being cut at any moment by accident or miscalculation or by madness" — then proceeds to give examples of how close we've come to having the sword lowered. Using archival images of mushroom clouds and imploding houses, street interviews with everyday citizens who have no idea who has nukes or how many, and a plethora of wise talking heads, Walker makes a clear, cogent and irrefutable case for the total elimination of nuclear weapons. **(AH)**

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Rachel Weisz explores the wonders of the fourth-century universe in "Agora."

CYRUS (R, 92 minutes) This movie announces its confrontational intentions from the get-go, when in the opening scene the film's hero, John (John C. Reilly), is interrupted in an intimate moment by his ex-wife Jamie (Catherine Keener), who has stopped by to tell him she's getting remarried. Later, John meets Molly (Marisa Tomei), a knockout who thinks his penchant for drunken confessions and public urination is kind of cute. The future looks bright for John and Molly, until he discovers that she has been hiding something. That would be her 21-year-old son Cyrus, played by Jonah Hill. He lives in a deeply enmeshed relationship with his devoted mother. **(AH)**
DESPICABLE ME (PG, 95 minutes) The nasty streak that animates its protagonist, a hollow-eyed supervillain named Gru (voiced by Steve Carell), is so deep and wide as to seem insurmountable. But the film turns into an improbably heartwarming, not to mention visually delightful, di-

entertainment **lookout**

version. After another evildoer impresses the world by stealing the Great Pyramid of Giza, Gru looks for his big comeback and hits on the idea of stealing the moon. He adopts three sweet girls from an orphanage run by a sadistic Southern belle (Kristen Wiig), and, along with an army of tiny yellow "minions," begins to bring his plan into action. (AH)

THE GIRL WHO PLAYED WITH FIRE

(R, 129 minutes) In the second in a series of films based on Stieg Larsson's best-selling mysteries, we learn a bit more about Lisbeth Salander (Noomi Rapace), the computer hacker and avenging angel introduced in the first film. "Fire" manages to reveal more of the old hurts that drive her. Having used her high-tech skills in to help her sometime lover, investigative journalist Mikael Blomkvist (Michael

Nygqvist), solve an old murder, she has now fled Sweden, only to find that she has been implicated in a triple homicide, in which one of the victims is her parole officer. This pulls Lisbeth back into Mikael's orbit. But for much of the film, the two remain apart. (MO)

THE GIRL WITH THE DRAGON TATTOO (Unrated, 152 minutes) At its simplest, this Swedish thriller based on the first

in a series of three popular Stieg Larsson novels is the story of a 40-year-old missing-person investigation. Wealthy businessman Henrik Vanger (Sven-Bertil Taube) hires investigative journalist Mikael Blomkvist (Michael Nyqvist) to find out what happened to Vanger's favorite niece, Harriet (Ewa Froeling), who is presumed to have been murdered. No soon-

Continued on page 30

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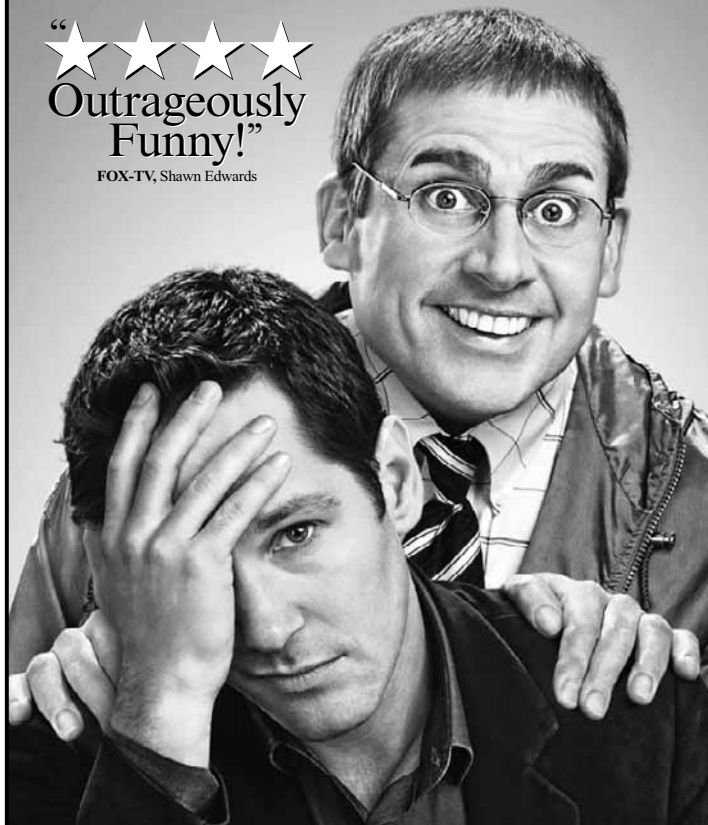
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Steve Carell Paul Rudd

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NowPlaying

Continued from page 29

er does Mikael start to poke around than he is joined by multiply-pierced computer hacker Lisbeth Salander (Noomi Rapace), the tattooed girl of the title. Much of the film's most critical detective work

involves high-tech twists to the shoe-leather approach to PI work. **(M)**
INCEPTION (PG-13, 148 minutes) This highly anticipated science-fiction thriller by writer-director Christopher Nolan opens with a dramatic shot of huge waves breaking on a nameless shore. Dom Cobb (Leonardo DiCaprio) makes his living navigating the minds of other people, sharing their dreams and stealing ideas

in an elaborate psychological gambit known as "extraction." Cobb has worked mostly with businesses engaged in super-complicated corporate espionage. But rather than steal an idea, a client named Saito (Ken Watanabe) hires Cobb to plant one in the mind of Robert Fischer (Cillian Murphy), the would-be heir to an energy conglomerate, in a process called "inception." **(A)**

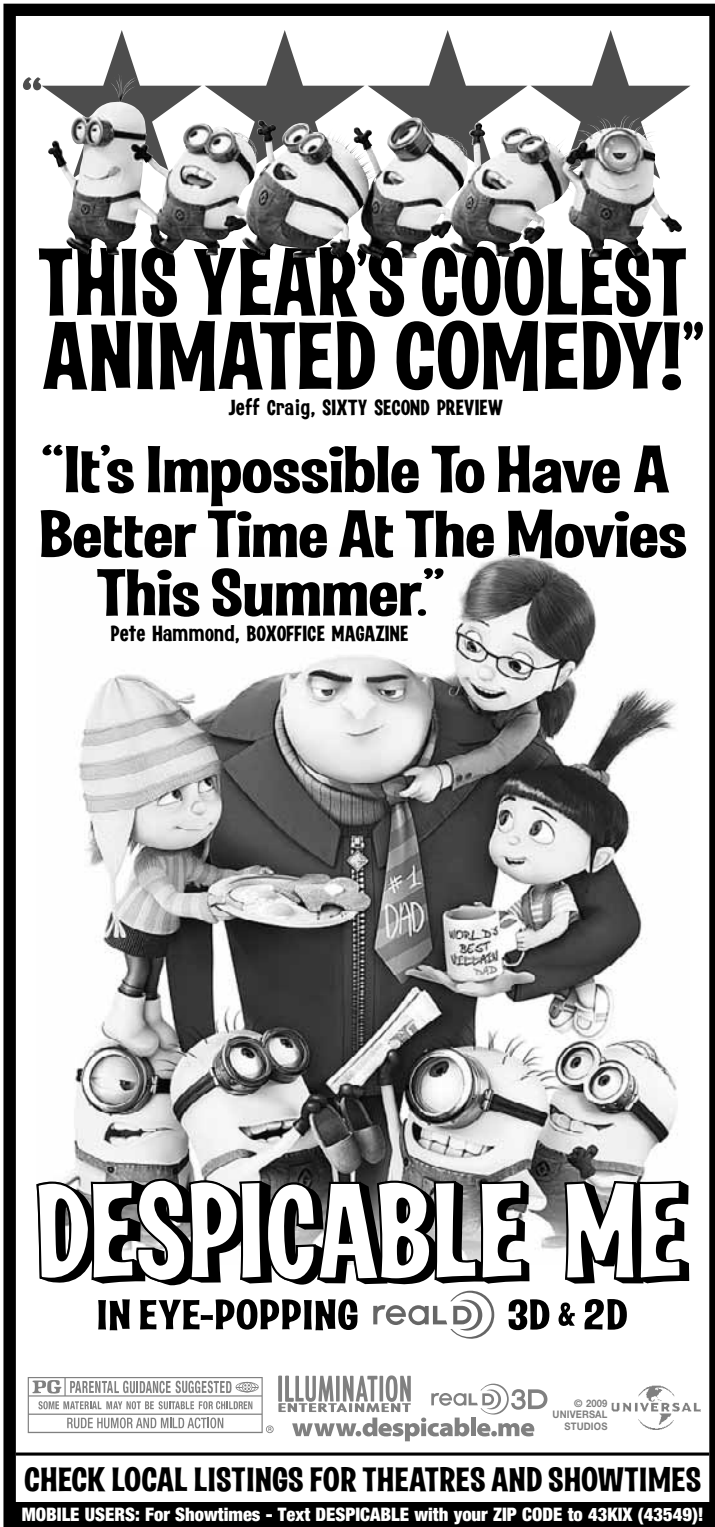
THE KIDS ARE ALL RIGHT (R, 106 minutes) This is the perfect midsummer movie, a comedy about a flawed-but-functional family that captures the drama of growth and separation in all its exhilaration and heartache. Eighteen-year-old Joni (Mia Wasikowska) and her little brother, Laser (Josh Hutcherson), are pretty typical teens growing up in Southern California today: They're good

kids, even if they roll their eyes at their overprotective mother. Actually, make that mothers: Joni and Laser have two moms, one a doctor named Nic (Annette Bening), the other a dreamer named Jules (Julianne Moore). They've clearly formed a close family, which makes it all the more disruptive when Laser persuades Joni to find their biological father. **(A)**

RAMONA AND BEEZUS (G, 104 minutes) Ramona Quimby (Joey King) is 9 and has a real knack for getting into trouble. She's not trying to; it's just that she's brave and imaginative and sometimes things get a little out of hand and the next thing you know, she's cracked a raw egg on her head on picture day. Her sister, Beezus (Selena Gomez), is in high school, and is therefore exasperated by Ramona's antics, especially when the pest starts a kitchen fire just as a boy calls on the

"THIS YEAR'S COOLEST ANIMATED COMEDY!"
Jeff Craig, SIXTY SECOND PREVIEW

"It's Impossible To Have A Better Time At The Movies This Summer."
Pete Hammond, BOXOFFICE MAGAZINE



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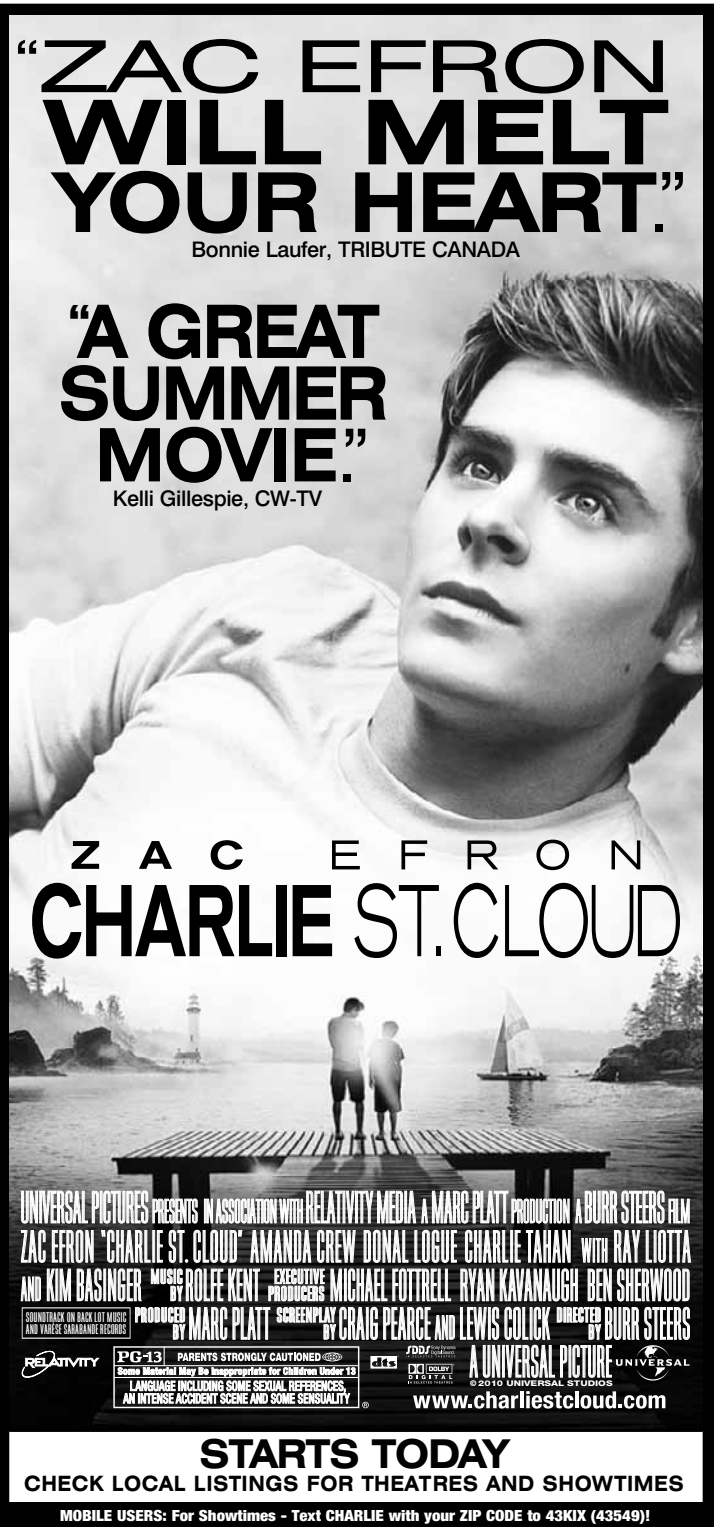
PG PARENTAL GUIDANCE SUGGESTED
SOME MATERIAL MAY NOT BE SUITABLE FOR CHILDREN
RUDE HUMOR AND MILD ACTION

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MOBILE USERS: For Showtimes - Text DESPICABLE with your ZIP CODE to 43KIX (43549)!

"ZAC EFRON WILL MELT YOUR HEART."
Bonnie Laufer, TRIBUTE CANADA

"A GREAT SUMMER MOVIE."
Kelli Gillespie, CW-TV



ZAC EFRON CHARLIE ST. CLOUD

UNIVERSAL PICTURES PRESENTS IN ASSOCIATION WITH RELATIVITY MEDIA A MARC PLATT PRODUCTION A BURR STEERS FILM
ZAC EFRON "CHARLIE ST. CLOUD" AMANDA CREW DONAL LOGUE CHARLIE TAHAN WITH RAY LIOTTA AND KIM BASINGER MUSIC BY ROLF KENT EXECUTIVE PRODUCERS MICHAEL FORTRELL RYAN KAVANAUGH BEN SHERWOOD
PRODUCED BY MARC PLATT SCREENPLAY BY CRAIG PEARCE AND LEWIS COLICK DIRECTED BY BURR STEERS

PG-13 PARENTS STRONGLY CAUTIONED
SOME MATERIAL MAY BE INAPPROPRIATE FOR CHILDREN UNDER 13
LANGUAGE INCLUDING SOME SEXUAL REFERENCES, AN INTENSE ACCIDENT SCENE AND SOME SENSUALITY

STARTS TODAY
CHECK LOCAL LISTINGS FOR THEATRES AND SHOWTIMES
MOBILE USERS: For Showtimes - Text CHARLIE with your ZIP CODE to 43KIX (43549)!



Steve Carell voices the nasty-yet-lovable supervillain of "Despicable Me."

telephone. "Ramona and Beezus," of course, is about how sisters love each other despite all the upsetting things that happen to them. **(DK)**
SALT (PG-13, 90 minutes) "Salt," a ludicrous but somehow credible spy thriller starring Angelina Jolie, delivers a swift, super-charged kick in the pants. Jolie plays Evelyn Salt, who may or may not be a Russian mole in the CIA. When a defector blows her cover—or does he?—Salt takes it on the move, leading her fellow agents (Liev Schreiber and Chiwetel Ejiofor) on a breakneck chase from Washington to New York and finally down to the White House, where she blows through squads of Secret Service. With its plot involving Russian sleeper spies, it has all the makings of an au courant political thriller. **(A)**

REVIEWS BY THE WASHINGTON POST'S ANN HOR-NADAY AND MICHAEL O'SULLIVAN. FOR FULL REVIEWS OF THESE AND OTHER FILMS, SEE WASHINGTONPOST.COM/ENTERTAINMENT

TV weekend **lookout****Best Bets****FRI
8:00**

Wife Swap In this new episode on ABC, Florida mom Tracy Robinson, who spends a lot of her time "monster hunting" for a swamp creature with her husband, shakes things up when she swaps places with Andrea Parker, a Memphis, Tenn., mother who focuses all her time on the career of her 9-year-old son, a fledgling hip-hop star, while largely ignoring her other four kids.

**SUN
9:00**

Ultimate Air Jaws Discovery Channel's Shark Week kicks off with this premiere special in which shark expert Chris Fallows and filmmaker Jeff Kurr ("Air Jaws," "Air Jaws 2") are back in South Africa to use state-of-the-art technology to film great white sharks. (TRIBUNE MEDIA)

**SUN
8:00**

Fans of paranoid thrillers, consider yourselves warned: AMC's latest series, "Rubicon," aims to lure you in. Will Travers (James Badge Dale, left) is an analyst for a government intelligence agency with an eye for finding clues in everyday information that suggest sinister motives by unseen forces. When Will spots a series of suspiciously synchronous messages in various papers, he begins delving into a complex conspiracy of unimaginable proportions. (TRIBUNE MEDIA)

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is heating
up with
extra
coupon
savings!**

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Post this week
and you'll find
3 money-saving
coupons books in
the plastic pack.

Sunday, August 1

The Washington Post

XPS388 2x7

"HOLY SH*T, IS THIS A FKING
FUNNY DOCUMENTARY."**

— ROGER EBERT

**"ONE OF THE FUNNIEST
DOCUMENTARIES EVER MADE!"**

— MICHAEL MOORE

"MADLY ENTERTAINING"

✓ **CRITIC'S PICK** — David Edelstein,
NEW YORK MAGAZINE

**"WORTH THE TRIP... FUNNY,
POIGNANT, THOUGHTFUL."**

— NBC NEWS

"HILARIOUS AND POIGNANT!"

— NPR

**"AN INTRIGUING MEDITATION ON
CHARACTER, CELEBRITY, AND THE
FILMMAKING PROCESS ITSELF."**

— THE NEW YORKER

**"GIVE US TWO REASONS THIS WILL NOT BE
THE BEST MOVIE OF
SUMMER 2010."**

KINO — ESQUIRE

**"BLEEPING
BRILLIANT!"**
— PEOPLE MAGAZINE

OPENS TODAY!

*1:30 *3:45

6:00 8:15

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express

xx179 1x1

Metro Notes

One of the ways to improve customer service is to upgrade our escalators and elevators. Let me explain what we are doing by first starting with the condition of the escalators.

Serving more than 200 million riders annually, 277 of Metro's 588 escalators are more than 25 years old. Many of them need extensive work to bring them into a state of good repair. Unfortunately, 65% of the manufacturers have gone out of business and replacement parts cannot be ordered, so Metro has to manufacture them.

We are, however, committed to fixing our escalators and elevators. Our immediate steps were to establish response teams to react to trends and to improve response time. This was like creating a SWAT team for escalator maintenance.

To improve reliability over the next seven years, we will overhaul 144 escalators and 31 elevators, and replace six escalators at the Dupont Circle and Foggy Bottom stations.

Even in the best conditions, there will be some outages. Our goal will be to have no more than 43 of the 588 escalators out of service at any time. These will be undergoing the preventive maintenance needed to keep them running when you need them.

Richard Sarles,
Interim General Manager

**M opens
metro doors**
MetroOpensDoors.com

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XX003 2x7

Poll Center

Today's Question

DO YOU THINK THE MEDIA IS MAKING TOO MUCH OF CHELSEA CLINTON'S WEDDING?

VOTE AT EXPRESSNIGHTOUT.COM OR TEXT A FOR YES OR B FOR NO TO 98999

Thursday's Results

WILL ALBERT HAYNESWORTH BE A DISTRACTION TO THE REDSKINS THIS SEASON?



“Almost as much as the Redskins will be a distraction to Albert Haynesworth.”

COMMENTER SPECIAL OLYMPIC BOWLER
SEE HOW YOUR METRO STATION VOTED
AT WWW.EXPRESSNIGHTOUT.COM



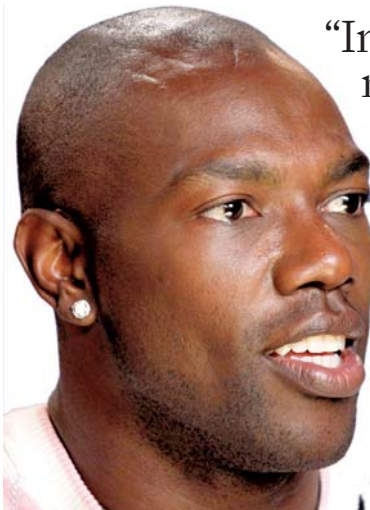
“This entire show is like a cliché of why I deleted my MySpace. I keep expecting glitter effects to flash across my TV screen when one of them enters a room.”

— A COMMENTER AT GAWKER.COM REACTS TO SEEING THE MYSPACE PAGE OF DEENA NICOLE CORTESE, THE NEWEST ADDITION TO MTV'S "JERSEY SHORE" CAST.



“Remember this: The area you are camping in is the domain of some predatory animals, and to a lot of them ... you are little more than dinner!”

— HERMITJIM.BLOGSPOT.COM OFFERS SOME WORDS OF ADVICE AFTER A MAN WAS FATALITY MAULED BY A GRIZZLY BEAR WHILE SLEEPING AT A CAMPGROUND NEAR YELLOWSTONE NATIONAL PARK ON WEDNESDAY.



“In the grand scheme of things, the missed flight is not a big deal. In fact, I'd say it was somewhat expected for this attention addict to create a more dramatic entrance. But that's what the Bengals get with Terrell Owens. Another sideshow under a big top masquerading as a pro football team.”

— MONDESISHOUSE.BLOGSPOT.COM REACTS TO THE OUTSPOKEN WIDE RECEIVER'S LATE ARRIVAL TO THE CINCINNATI BENGALS' TRAINING CAMP.

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Launching soon: Clarendon | Cleveland Park | Foggy Bottom | Bethesda



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puzzles lookout

Horoscope

LEO (July 23-Aug. 22) It's a good day for reaching further than you have in the past. You're sure to be rewarded for the effort — and perhaps more, too.

VIRGO (Aug. 23-Sept. 22) There's little point in letting the little things upset you; do what you can to keep things peaceful, harmonious and upbeat.

LIBRA (Sept. 23-Oct. 22) Now's the time to step forward more confidently. You know what you're doing and you want others to know that you know.

SCORPIO (Oct. 23-Nov. 21) It's anyone's guess what will transpire, especially after you begin the day by breaking with tradition and going your own way.

SAGITTARIUS (Nov. 22-Dec. 21) Connection to family and friends is more important than it has been in the recent past. You'll want to get in touch and stay there.

CAPRICORN (Dec. 22-Jan. 19) Others are likely to gravitate toward you as planned, but not necessarily for the reasons you had anticipated. Surprises abound.

AQUARIUS (Jan. 20-Feb. 18) What qualifies as an error in the minds of most normal people counts, to you, as a resounding success. What makes the difference?

PISCES (Feb. 19-March 20) You'll want to pick up after yourself — literally and figuratively. Any messes you make that could confuse another are dangerous.

ARIES (March 21-April 19) A personal sacrifice lies ahead, but you aren't willing to make it just yet — even though you know just exactly what it will entail.

TAURUS (April 20-May 20) An adventure looms, but you may not feel ready to launch into anything quite that exciting and new. A little more training may be necessary.

GEMINI (May 21-June 20) You're eager to share your thoughts with someone who has been in your shoes before. This friend or mentor may be ready with important advice.

CANCER (June 21-July 22) Don't stop to measure your progress before you have reached your destination. You can't afford that kind of delay now.

Scrabble Grams

PAR SCORE 150-160, BEST SCORE 224

| | | | | | | |
|--|--|--|--|--|--|--|
| | | | | | | |
|--|--|--|--|--|--|--|

| | | | | | | |
|----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| A ₁ | O ₁ | L ₁ | L ₁ | W ₄ | B ₃ | L ₁ |
|----------------|----------------|----------------|----------------|----------------|----------------|----------------|

Triple Word Score

| |
|--|
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RACK 1

| | | | | | | |
|--|--|--|--|--|--|--|
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| | | | | | | |
|----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| A ₁ | A ₁ | E ₁ | U ₁ | R ₁ | R ₁ | C ₃ |
|----------------|----------------|----------------|----------------|----------------|----------------|----------------|

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RACK 2

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|----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| A ₁ | E ₁ | E ₁ | K ₅ | R ₁ | B ₃ | P ₃ |
|----------------|----------------|----------------|----------------|----------------|----------------|----------------|

4th Letter Double

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RACK 3

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|----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| I ₁ | O ₁ | N ₁ | S ₁ | S ₁ | R ₁ | F ₄ |
|----------------|----------------|----------------|----------------|----------------|----------------|----------------|

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RACK 4

Yesterday's Solution

| | | | | | | | | |
|-------------------|----------------|----------------|----------------|----------------|----------------|----------------|----------|-----------|
| G ₂ | L ₁ | O ₁ | B ₃ | A ₁ | T ₁ | E ₁ | RACK 1 = | 60 |
| H ₄ | O ₁ | R ₁ | R ₁ | I ₁ | F ₄ | Y ₄ | RACK 2 = | 98 |
| L ₁ | U ₁ | L ₁ | L ₁ | A ₁ | B ₃ | Y ₄ | RACK 3 = | 63 |
| C ₃ | A ₁ | N ₁ | N ₁ | E ₁ | R ₁ | Y ₄ | RACK 4 = | 62 |
| PAR SCORE 195-205 | | | | | | | | TOTAL 283 |

FOUR RACK TOTAL

Make a 2-7 letter word from the letters in each row. Add points of each word using scoring directions at right. 7-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Sudoku

DIFFICULT

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | | 4 | | | |
| | | | | 5 | | | 1 | 7 |
| | 9 | 4 | | 1 | | | 5 | |
| 2 | | 9 | | | | | | |
| 1 | 4 | | 5 | | 3 | | 2 | 9 |
| | | | | | | 6 | | 5 |
| | 8 | | | 7 | | 5 | 6 | |
| 4 | 7 | | | 2 | | | | |
| | | | 1 | | | | | |

Yesterday's Solution

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 9 | 3 | 4 | 5 | 8 | 1 | 2 | 7 |
| 1 | 2 | 7 | 3 | 6 | 9 | 4 | 8 | 5 |
| 5 | 8 | 4 | 2 | 1 | 7 | 9 | 6 | 3 |
| 7 | 5 | 9 | 6 | 3 | 1 | 2 | 4 | 8 |
| 4 | 3 | 1 | 7 | 8 | 2 | 5 | 9 | 6 |
| 2 | 6 | 8 | 9 | 4 | 5 | 3 | 7 | 1 |
| 3 | 4 | 5 | 8 | 2 | 6 | 7 | 1 | 9 |
| 9 | 1 | 6 | 5 | 7 | 4 | 8 | 3 | 2 |
| 8 | 7 | 2 | 1 | 9 | 3 | 6 | 5 | 4 |

Need more Sudoku? Find another puzzle in the Comics section of The Post every Sunday and in the Style section Monday through Saturday.

© PUZZLES BY PAPPOCOM

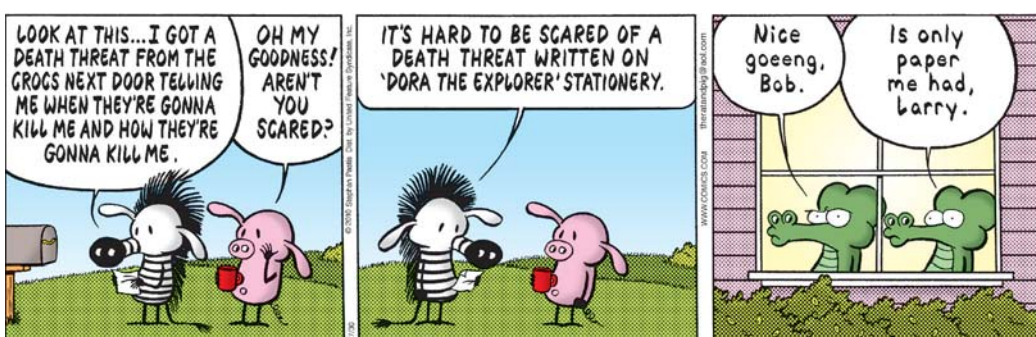
Comics

FIND MORE COMICS AT EXPRESSNIGHTOUT.COM

POOCH CAFE | PAUL GILLIGAN



PEARLS BEFORE SWINE | STEPHAN PASTIS



Forecast



86 | 67

Today: Partly sunny today. Mainly clear tonight.



88 | 71

Tomorrow: Partly sunny tomorrow. A couple of thunderstorms tomorrow night.

Looking Ahead



SUN



MON



TUE

85 | 72 89 | 72 92 | 76

Sun and Moon

Sunrise today: 6:07 a.m.
Sunset today: 8:22 p.m.
Moonrise today: 10:17 p.m.
Moonset today: 10:26 a.m.

Almanac

Normal high: 88
Record high: 99
Normal low: 70
Record low: 58

FORECAST BY ACCUWEATHER.COM ©2009

Crossword

JUST PUT IT ANYWHERE

ACROSS

1 Cash alternative
6 Get behind
10 Mimic a kangaroo
14 Printer's proof, for short
15 Part of A.A. Milne
16 Sicilian hot spot
17 Tire feature
18 Warm-hearted
19 Short-lived, charged lepton
20 Irrelevant
23 Start for "Tome" or "Tiago"
24 Distinctive flair
25 Elephant carrier of myth
28 Terror group in "Mississippi Burning"
31 Weightlifting maneuver
35 Poet's "black"
37 Abel's nephew
39 Boise's home
40 Out of public view
43 Daughter of Spain's King Juan Carlos
44 Itty-bitty bit

45 Three-player game
46 The film industry
48 Stupidly bad, in slang
50 Place for a facial
51 Scout's shelter
53 Ribosomal ____
55 Poker long shot
62 Opposite of "yep"
63 Celebrated clinic
64 Refrigerator coolant
66 Run in the Hambletonian
67 Ruffles
68 Frighteningly strange
69 This answer is a four-letter word
70 Where to find some tars
71 Passed out on the poker table?

DOWN

- 1 Monitor type, for short
- 2 Ginseng, e.g.
- 3 Dueling sword

4 Lacking refinement
5 Type of bear
6 Cause of misery
7 Touched the tarmac
8 Where the loot gets left
9 Prepares to be knighted
10 Some citrus drinks
11 Fancy sewing case
12 Shortly, to Shakespeare
13 Cool off like a collie
21 Rationed (out)
22 Word with "button" or "room"
25 Renaissance stringed instrument
26 Old manuscript markings
27 Borat portrayer
29 Opposing voice
30 "When pigs fly!"
32 Vehicles with caterpillar treads
33 Penny-pinching
34 Popular ground

cover plant
36 Notable
birthday
38 Words before
"precedent"
41 No longer
anonymous
42 Wedge-shaped
bones
47 Iron-poor blood
condition
49 Stabbed with a
stiletto
52 Crowned heads
of old

54 What nouns and verbs must do
55 "Come ____ my parlor ..."
56 Author Ephron
57 Dick and Jane's dog
58 Little fellow
59 Civil rights activist Parks
60 Zeus' wife and sister
61 Work like a dog
65 Type of earnings or income

Yesterday's Solution

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----|----|----|----|-----|----|----|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|---|
| 1 | C | 2 | E | 3 | L | 4 | I | 5 | A | 6 | T | 7 | B | 8 | P | 9 | O | 10 | S | 11 | H | 12 | U | |
| 13 | A | R | E | N | T | 14 | I | 15 | A | F | O | R | E | 16 | T | E | N | 17 | E | 18 | N | 19 | I | |
| 17 | P | A | R | E | N | C | H | I | 18 | T | E | R | 19 | T | E | N | 20 | E | 21 | N | 22 | I | 23 | E |
| 24 | E | N | S | I | L | E | 25 | 26 | S | E | C | 27 | 28 | C | A | N | E | 29 | 30 | 31 | 32 | 33 | 34 | |
| 35 | 36 | 37 | 38 | 39 | 40 | 41 | 42 | 43 | 44 | 45 | 46 | 47 | 48 | 49 | 50 | 51 | 52 | 53 | 54 | 55 | 56 | 57 | 58 | |
| 59 | 60 | 61 | 62 | 63 | 64 | 65 | 66 | 67 | 68 | 69 | 70 | 71 | 72 | 73 | 74 | 75 | 76 | 77 | 78 | 79 | 80 | 81 | 82 | |
| 83 | A | B | E | 84 | L | I | F | 85 | T | 86 | A | F | I | N | G | E | R | 87 | 88 | 89 | 90 | 91 | 92 | |
| 93 | R | I | N | 94 | A | P | E | N | E | 95 | 96 | 97 | 98 | 99 | 100 | 101 | 102 | 103 | 104 | 105 | 106 | 107 | | |
| 108 | E | N | G | 109 | P | A | R | E | R | 110 | 111 | 112 | 113 | 114 | 115 | 116 | 117 | 118 | 119 | 120 | 121 | 122 | | |

EDITED BY TIMOTHY F. PARKER

| | | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | | 6 | 7 | 8 | 9 | | 10 | 11 | 12 | 13 |
| 14 | | | | | | 15 | | | | | 16 | | | |
| 17 | | | | | | 18 | | | | | 19 | | | |
| | 20 | | | | | 21 | | | | | 22 | | | |
| | | | 23 | | | | | 24 | | | | | | |
| 25 | 26 | 27 | | 28 | | 29 | 30 | | 31 | | | 32 | 33 | 34 |
| 35 | | | 36 | | 37 | | | 38 | | 39 | | | | |
| 40 | | | | 41 | | | | | 42 | | | | | |
| 43 | | | | | | 44 | | | | | 45 | | | |
| 46 | | | | | 47 | | 48 | | | 49 | | 50 | | |
| | | | 51 | | | 52 | | | 53 | | 54 | | | |
| 55 | 56 | 57 | | | | | 58 | 59 | | | | 60 | 61 | |
| 62 | | | | | | 63 | | | | 64 | | | | 65 |
| 66 | | | | | | 67 | | | | 68 | | | | |
| 69 | | | | | | 70 | | | | 71 | | | | |

Samurai Sudoku

DIFFICULT

Fill in each column, row and 3x3 box with the digits 1 through 9 without repeating any. The twist in Samurai Sudoku is that the digits that appear in the overlapping boxes must work for both puzzles. A piece of advice to get you started: Don't focus on completing one grid at a time. Keep the whole puzzle in mind as you go, because filling in a number in one grid could give you clues to another.

Last Week's Solution

| | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 4 | 5 | 6 | 7 | 9 | 1 | 3 | 8 | 2 | | | 5 | 3 | 2 | 4 | 6 | 7 | 8 | 1 | 9 |
| 2 | 3 | 9 | 4 | 6 | 8 | 7 | 1 | 5 | | | 8 | 4 | 6 | 3 | 1 | 9 | 5 | 2 | 7 |
| 7 | 8 | 1 | 3 | 2 | 5 | 9 | 4 | 6 | | | 9 | 1 | 7 | 5 | 2 | 8 | 3 | 4 | 6 |
| 6 | 7 | 3 | 1 | 8 | 9 | 5 | 2 | 4 | | | 6 | 5 | 3 | 1 | 8 | 2 | 9 | 7 | 3 |
| 8 | 9 | 2 | 5 | 4 | 6 | 1 | 3 | 7 | | | 2 | 8 | 4 | 7 | 9 | 3 | 1 | 6 | 5 |
| 1 | 4 | 5 | 2 | 3 | 7 | 6 | 9 | 8 | | | 7 | 9 | 1 | 6 | 5 | 4 | 2 | 3 | 8 |
| 3 | 6 | 4 | 9 | 8 | 2 | 8 | 7 | 1 | 4 | 5 | 2 | 3 | 6 | 9 | 8 | 1 | 7 | 5 | 2 |
| 9 | 1 | 8 | 6 | 7 | 4 | 2 | 5 | 6 | 1 | 9 | 4 | 7 | 8 | 2 | 3 | 5 | 6 | 9 | 1 |
| 5 | 2 | 7 | 8 | 1 | 3 | 4 | 6 | 9 | 3 | 7 | 8 | 1 | 2 | 5 | 9 | 7 | 6 | 4 | 8 |
| | | | | | | | | | 5 | 3 | 2 | 1 | 6 | 4 | 9 | 8 | 7 | | |
| | | | | | | | | | 7 | 8 | 6 | 2 | 9 | 3 | 5 | 1 | 4 | | |
| | | | | | | | | | 9 | 1 | 4 | 7 | 8 | 5 | 2 | 3 | 6 | | |
| 2 | 6 | 7 | 8 | 9 | 1 | 3 | 4 | 5 | 8 | 2 | 6 | 7 | 9 | 1 | 2 | 3 | 4 | 5 | 6 |
| 8 | 9 | 1 | 3 | 4 | 5 | 6 | 2 | 7 | 9 | 4 | 1 | 8 | 5 | 3 | 1 | 6 | 7 | 2 | 4 |
| 3 | 4 | 5 | 6 | 2 | 7 | 1 | 9 | 8 | 5 | 3 | 7 | 6 | 2 | 4 | 8 | 5 | 9 | 3 | 1 |
| 5 | 1 | 8 | 2 | 3 | 9 | 7 | 6 | 4 | | | 1 | 2 | 6 | 8 | 5 | 4 | 9 | 7 | 3 |
| 7 | 2 | 4 | 1 | 5 | 6 | 8 | 3 | 9 | | | 4 | 3 | 8 | 7 | 9 | 2 | 1 | 5 | 6 |
| 6 | 3 | 9 | 4 | 7 | 8 | 2 | 5 | 1 | | | 5 | 7 | 9 | 3 | 1 | 6 | 4 | 8 | 2 |
| 1 | 7 | 2 | 9 | 6 | 4 | 5 | 8 | 3 | | | 2 | 6 | 4 | 9 | 5 | 8 | 7 | 3 | 1 |
| 4 | 5 | 3 | 7 | 8 | 2 | 9 | 1 | 6 | | | 3 | 8 | 7 | 4 | 2 | 1 | 6 | 9 | 5 |
| 9 | 8 | 6 | 5 | 1 | 3 | 4 | 7 | | | | 9 | 1 | 5 | 6 | 7 | 3 | 8 | 2 | 4 |

[illegible]

Today in History

1965 President Lyndon B. Johnson signs into law the Medicare bill.

1975 Ex-Teamsters union president Jimmy Hoffa disappears in suburban Detroit.

2009 Harvard scholar Henry Louis Gates Jr. and the Cambridge, Mass., officer who arrested him for disorderly conduct at his home, Sgt. James Crowley, had beers with President Obama and Vice President Joe Biden at the White House to discuss the dispute that unleashed a furor over racial profiling in the United States

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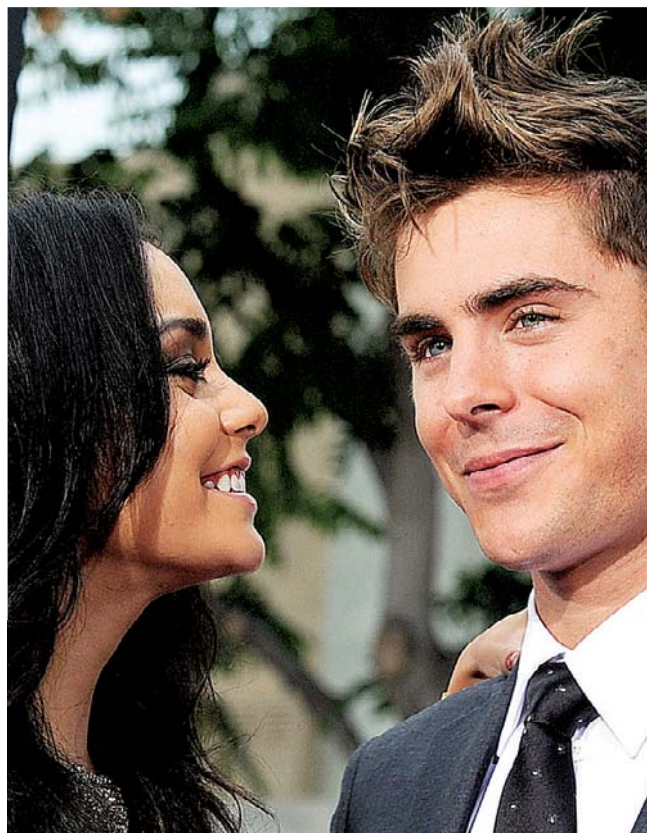
**'... Always daddy's little girl
Smile that never fades
But that's so far from me
With only faith to light the way
I miss you sooooo much
Just one chance to make it up
Because ...'**

..... VOCAL TERRORISM

Express Editor Loses Hearing

TMZ.com has posted a song (a sampling is above) it claims was written by Michael Lohan during one of his jail terms, then recorded by a friend. This is not his first jail-time ballad: He penned a similar work in 2005.

It included the line "a family comes first, forever a day! You don't run or hide, or push them away." (EXPRESS)



There are three pictures of Zac Efron in Express today. You're welcome!

'I'm an Adult [Giggle]'

Zac Efron admitted on "Jimmy Kimmel Live" Wednesday that he did, as reported earlier this week by the New York Post, visit a strip club this weekend — though he asked for Vanessa Hudgens' permission first. "The hardest part is calling your girlfriend. ... How do you even start that conversation without feeling like a total a**hole?" he said of his excursion to Manhattan's Flashdancers Gentlemen's Club with "High School Musical" pal Corbin Bleu. "She was fine with it." He denied spending \$2,000, however. (EXPRESS)



JOURNALISM

'EXCLUSIVE: Heidi And Spencer Still Together' Headline Is Misleading

Heidi Montag and Spencer Pratt remain a couple, Radaronline.com reported — in that they were seen in the same room. Friend Lauren Stone told the website that she stopped by Montag's home and was surprised to find Pratt there. "I'm actually not sure what's going on," Stone said. "She didn't really go into details." (EXPRESS)

**"I'm not getting paid to say any of this
..... yet
hahahahaha"**



— KANYE WEST, WHO POSTED NEARLY HOURLY ON HIS NEW TWITTER ACCOUNT ALL DAY THURSDAY. HE PLUGGED J.PRESS TIES, MOLNAR FAMILY WINES, HERMES AND MAYBACH.

INNOCENT VICTIMS

Prison Slowly Destroying Lindsay Lohan's Hairdo

People.com has revealed some details about Lindsay Lohan's jail term. Among them: Bologna sandwiches are the lunch of choice; her copy of "The Old Man and the Sea" was confiscated; dinner one night was "scary-yaki" — dehydrated tofu in teriyaki sauce; and "you can see the brown roots of her hair already," a source noted. (EXPRESS)



You've Got Mel!



Oh, Just Gargle With Saltwater, You Old Fool

A few hours after his phone profanity binge ended, Mel Gibson left a message for Oksana Grigorieva saying he wanted to move forward "reasonably." "I haven't got a voice left," he said in a recording posted by Radaronline.com. (EXPRESS)

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